

ENGLISH (01)

CLASS X

There will be **two** papers:

Paper 1: English Language;

Paper 2: Literature in English.

Each of these papers will be of **two hours** duration.

Paper 1: English Language (80 Marks)
Internal Assessment (20 Marks)

Paper 2: Literature in English (80 Marks)
Internal Assessment (20 Marks)

PAPER 1 - ENGLISH LANGUAGE

(Two hours) - 80 Marks

Five questions will be set, all of which will be compulsory.

Question 1: Candidates will be required to write a composition of about **300– 350** words from a choice of subjects which will test their ability to: organise, describe, narrate, report, explain, persuade or argue, present ideas coherently with accuracy and precision, compare and contrast ideas and arrive at conclusions, present relevant arguments and use correct style and format.

The subjects will be varied and may be suggested by language or by other stimuli such as pictures. The subjects will be so chosen so as to allow the candidates to draw on first-hand experience or to stimulate their imagination.

With one subject, a number of suggestions about the content of the composition will be given, but the use of the suggestions will be optional and a candidate will be free to treat the subject in any way that he/she chooses.

The organisation of subject matter, syntax, punctuation, correctness of grammatical constructions and spelling will be expected to be appropriate to the mode of treatment required by the subject.

Question 2: Candidates will have to write a letter from a choice of two subjects requiring either a formal or an informal mode of treatment. Suggestions regarding the content of the letter may be given. The layout of the letter with address, introduction, conclusion, etc., will form part of the assessment. Special attention must be paid to the format of the letter with emphasis on vocabulary appropriate to the context.

Question 3: Candidates will be given a specific situation and will be required to:

- (a) Write the text for a notice based on given directions.
- (b) Write an e-mail on the same content as the notice.

Question 4: An unseen prose passage of about **450** words will be given. Uncommon items of vocabulary, or structure will be avoided. One question will be set to test vocabulary. Candidates will be required to show an understanding of the words/phrases in the context in which they have been used.

A number of questions requiring short answers will also be asked on the passage. These questions will test the candidates' ability to comprehend the explicit content and organisation of the passage and to infer information, intention and attitude from it.

The last question will consist of a summary that will test the candidates' ability to distinguish main ideas from supporting details and to extract salient points to re-write them in the form of a summary. Candidates will be given clear indications of what they are to summarise and of the length of the summary.

Question 5: There will be a number of short answer questions to test the candidates' knowledge of **functional** grammar, structure and use of the language.

All the items in this question will be compulsory. They will consist of correct use of prepositions, verbs and transformation of sentences.

PAPER 2 - LITERATURE IN ENGLISH

(Two hours) - 80 Marks

Candidates will be required to answer five questions from the prescribed textbooks, which include Drama, Prose (Short Stories) and Poetry.

Drama and Prose (Short Stories)

Questions set will be central to the text. Candidates will be required to show that they have understood the passage and are able to clearly give their interpretation of the questions set, which should be in their own words and relevant to the text.

Excerpts may be given from the drama and prose texts leading to questions on the specific book.

Poetry

A poem, or passages from poems, will be given and questions will be set to test the candidates' response to the poem. The questions will focus on the content, understanding and the personal response of candidates to the poem as a whole.

NOTE:

Candidates will be tested ONLY on the portion of the syllabus that is prescribed for Class X.

SYLLABUS FOR CLASS X

Literature in English (English Paper – 2)

1. THE MERCHANT OF VENICE (Shakespeare's unabridged play by A.W. Verity)

(Act III, Act IV and Act V only)

TREASURE TROVE - A collection of ICSE Poems and Short Stories (Evergreen Publications)

2. POETRY: Poems to be studied.

- (i) *I know why the Caged Bird Sings* – Maya Angelou
- (ii) *The Patriot* – Robert Browning
- (iii) *Abu Ben Adhem* – Leigh Hunt
- (iv) *Nine Gold Medals* – David Roth

3. PROSE (short stories): Short stories to be studied.

- (i) *The Little Match Girl* – Hans Christian Andersen
- (ii) *The Blue Bead* – Norah Burke
- (iii) *My Greatest Olympic Prize* – Jesse Owens
- (iv) *All Summer in a Day* – Ray Douglas Bradbury

INTERNAL ASSESSMENT

Paper 1 - English Language

1. Schools will prepare, conduct and record assessments of the **Listening and Speaking Skills** of candidates as follows:

Class X: Two assessments in the course of the year.

2. Pattern of Assessment

a) Listening Skills

A passage of about 300 words is read aloud by the examiner *twice*, the first time at normal reading speed (about 110 words a minute) and the next time at a slower speed. Candidates may make brief notes during the readings. They then answer an objective type test based on the passage, on the paper provided.

The recommended number of candidates at a sitting is 30.

b) Speaking Skills

Each candidate is required to make an oral presentation for about two minutes, which will be followed by a discussion on the subject with the examiners, for about three minutes.

Subjects for presentation may include narrating an experience, providing a description, giving directions how to make or operate something, expressing an opinion, giving a report, relating an anecdote or commenting on a current event.

A candidate may refer to brief notes in the course of the presentation but reading or excessive dependence on notes will be penalized.

It is recommended that candidates be given an hour for preparation of their subject for presentation and that they be given a choice of subject, on a common paper.

EVALUATION

The assessment will be conducted jointly by the subject teacher and the external examiner who will each assess the candidate. (The External Examiner may be a teacher nominated by the Head of the School who could be from the faculty **but not teaching the subject in the section/class**. For example, a teacher of English of Class VIII may be deputed to be an External Examiner for Class X).

Award of Marks (20 Marks)

Listening Skills: 10 marks

Speaking Skills: 10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the School.

The Head of the School will be responsible for the online entry of marks on the Council's CAREERS portal by the due date. Schools are required to maintain a record of all assessments conducted in **Listening and Speaking Skills** for candidates of Class X. These include copies of the assessment tests, topics for presentation and marks awarded. The record will be maintained for a period of 2 months after the ICSE (10) examinations of the candidates concerned.

Paper 2 - Literature in English

Schools will set, assess and record written assignments by the candidates as given below:

Class X: Two or three assignments of reasonable length (not exceeding 1500 words in total).

SUGGESTED ASSIGNMENTS

Assignments should be based on the prescribed textbooks on the following lines:

- (i) Character/thematic analysis;
- (ii) Socio-economic, cultural, historical relevance / background;
- (iii) Summary / paraphrase.
- (iv) Appreciation of literary qualities.
- (v) Identifying with a character. Putting oneself in the place of a character in given circumstances and explaining one's actions.
- (vi) Imagine alternative outcomes or endings in a literary piece and the effect on all concerned.

EVALUATION

The assignments/projects are to be evaluated by the subject teacher and by an external examiner. (The External Examiner may be a teacher nominated by the Head of the school, who could be from the faculty, **but not teaching the subject in the section/class**. For example, a teacher of English of Class VIII may be deputed to be an External Examiner for Class X, English projects.)

The Internal Examiner and the External Examiner will assess the assignments independently.

Award of Marks (20 Marks)

Subject Teacher (Internal Examiner) 10 marks

External Examiner 10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the school.

The Head of the school will be responsible for the online entry of marks on the Council's CAREERS portal by the due date.

INTERNAL ASSESSMENT IN ENGLISH LANGUAGE-GUIDELINES FOR MARKING WITH GRADES - AURAL ASSIGNMENT (CLASS X)

Grade	Understanding/ Comprehension Main Idea, Central Theme	Recall	Vocabulary	Context/ Correlation to Other Areas	Marks
I	The candidate accurately understands the central idea of the passage as well as the relevant points in the selected passage/ talk.	The candidate recalls all the important points made (written/verbal).	The candidate uses appropriate and correct vocabulary while recalling the points made.	The candidate clearly understands the context and can widely correlate the passage to the other areas.	3
II	The candidate gives ideas fairly close to the central / main idea of the passage as well as understands some of the relevant points heard in the selected passage/ talk.	The candidate recalls some of the important points made (written/verbal).	The candidate uses correct but simple vocabulary while recalling the points made.	The candidate can moderately understand the context of the passage and can moderately correlate the passage to the other areas.	2
III	The candidate cannot fully comprehend the passage and gives only a few ideas related to the central theme of the passage.	The candidate recalls very few of the important points made (written/verbal).	The candidate makes various errors in vocabulary while recalling the points made.	The candidate can only faintly understand the context of the passage and relate it to the other areas.	1
IV	The candidate is neither able to understand the central/main idea of the passage; nor able to understand relevant points heard in the passage/talk.	The candidate is unable to recall the important points made (written/verbal)	The candidate uses incorrect vocabulary while recalling the points made.	The candidate is unable to understand the context of the passage and is unable to correlate the passage to the other areas.	0

INTERNAL ASSESSMENT IN ENGLISH LANGUAGE - GUIDELINES FOR MARKING WITH GRADES - ORAL ASSIGNMENT (CLASS X)

Grade	Fluency of Language	Subject Matter	Organization	Vocabulary/ Delivery	Understanding	Gesture	Marks
I	Speaks with fluency and has full operational command over the language.	Matter is relevant, rich in content and original.	Content is well sequenced and well organized.	Uses appropriate vocabulary and pronounces words correctly.	While speaking, the candidate emphasizes the important points.	Uses natural and spontaneous gestures that are not out of place.	3
II	The candidate speaks with fairly good fluency and has reasonable operational command of the language.	The subject matter is mostly relevant, consisting of a few original ideas.	The content is satisfactorily sequenced and well organized.	The candidate pronounces most words correctly and uses simple vocabulary.	While speaking, the candidate emphasizes most important points.	Uses some natural gestures.	2
III	The candidate speaks with poor fluency and does not communicate except for the most basic information.	The subject matter is irrelevant and lacks originality.	The subject content is very poor and lacks organisational structure.	The candidate pronounces many words incorrectly and uses inappropriate vocabulary.	While speaking, the candidate emphasizes some important points.	Uses very few natural gestures.	1
IV	The candidate cannot communicate even the most basic information.	The subject matter is negligible.	The subject content comprises of mere words with no structured sentences.	The candidate is unable to correctly pronounce most words and has a limited vocabulary.	While speaking, the candidate is unable to emphasize important points.	Uses no natural gestures.	0

INTERNAL ASSESSMENT IN LITERATURE IN ENGLISH -GUIDELINES FOR MARKING WITH GRADES (CLASS X)

Grade	Understanding of Text (Narrative)	Examples from Text	Understanding of text- Interpretation and Evaluation	Appreciation of Language, Characterization	Critical Appreciation - Personal Response	Marks
I	The candidate demonstrates expertise in giving an appropriate account of the text, with well-chosen reference to narrative and situation.	The account is suitably supported by relevant examples from the text.	The candidate understands the text with due emphasis on interpretation and evaluation.	The candidate appreciates and evaluates significant ways (structure, character, imagery) in which writers have achieved their effects.	The candidate is able to effectively reflect personal response (critical appreciation) to the text.	4
II	The candidate demonstrates a high level of competence in giving an account of the text, with appropriate references to the narrative and situation.	The account is supported by examples from the text.	The candidate understands text with some emphasis on interpretation and evaluation.	The candidate appreciates and evaluates significant ways in which writers have achieved their effects.	The candidate is able to reflect a personal response to the text.	3
III	The candidate demonstrates competence in giving an account of the text with some reference to the narrative and situation.	The candidate understands the text and shows a basic recognition of the theme and can support it by a few examples.	The candidate recognizes some aspects of the text used by authors to present ideas.	The candidate recognizes some of the significant ways in which the writers have used the language.	The candidate is able to communicate a personal response, which shows appreciation.	2
IV	The candidate gives a broad account of the text with reference to the narrative and situation.	The candidate understands the basic meaning of the text.	The candidate relates the text to other texts studied.	The candidate recognizes differences in the way authors write.	The candidate communicates a straightforward personal response to the text.	1
V	The candidate is unable to demonstrate an understanding of the basic events in the text.	The candidate is unable to understand the text or support it with any examples.	The candidate is unable to relate the text to the other texts studied.	The candidate is unable to recognize the differences in the way authors write.	The candidate is unable to give a personal view of the text studied.	0

INDIAN LANGUAGES

CLASS X

Papers will be set in the following languages:

Ao-Naga, Assamese, Bengali, Dzongkha, Garo, Gujarati, Hindi, Kannada, Khasi, Lepcha, Malayalam, Manipuri, Marathi, Mizo, Nepali, Odia, Punjabi, Sanskrit, Tamil, Tangkhul, Telugu, Urdu or any other language of an Indian community approved by the Council.

*There will be one paper of **three** hours duration carrying 80 marks and Internal Assessment of 20 marks.*

The paper will be divided into two sections, Section A and Section B.

Section A: Language (40 Marks)

Section B: Prescribed Texts (40 Marks)

*Candidates will be required to attempt **all** questions from Section A. They must attempt **four** questions from Section B from **ONLY two** of the prescribed textbooks.*

SECTION A: LANGUAGE - 40 Marks

This section will consist of four questions, all of which will be compulsory.

- 1. Composition:** Candidates will be required to write one composition, in the language, which may include short explanations, directions, descriptions or narratives. There will be a choice of subjects, which will be varied and may be suggested by language or other stimuli such as pictures and objects. (15 Marks)
- 2. Letter:** Candidates will be required to write a letter from a choice of two subjects. Suggestions may be given. The layout of the letter with address, introduction, conclusion, etc., will form part of the assessment. (7 Marks)
- 3. Comprehension:** An unseen passage of about 250 words will be given in the language. Questions on the passage will be set for answers in the language, designed to test the candidates' understanding of the content of the passage. (10 Marks)

- 4. Grammar:** This will consist of tests in the use of language vocabulary, syntax and idioms, synthesis in sentence construction, formation of sentences in the language correctly embodying given words or forms. The question will not require any knowledge of grammatical terms. (8 Marks)

SECTION B: PRESCRIBED TEXTS - 40 Marks

The question paper will consist of structured and short answer questions. Candidates will be required to answer four questions from **ONLY two** of the prescribed text books. All questions will be set in the language and candidates will be required to answer in the language. The questions set will be designed to test the candidates' understanding of the subject matter of the prescribed books.

Note: Reduction has been made in the list of prescribed textbooks for Ao-Naga, Assamese, Bengali, Garo, Gujarati, Hindi, Kannada, Khasi, Lepcha, Malayalam, Marathi, Mizo, Nepali, Odia, Punjabi, Sanskrit, Tamil, Tangkhul, Telugu & Urdu.

For list of Prescribed Textbooks, refer to page numbers 6 to 13.

The Class X – ICSE examination paper will be set on the entire syllabus prescribed for the subject. **The Council has not prescribed bifurcation of the syllabus prescribed for this subject.**

INTERNAL ASSESSMENT

Language and Literature:

Class X: Two or three assignments of reasonable length/duration of which two should be written assignments – one from the language and one from the literature component of the syllabus.

SUGGESTED ASSIGNMENTS

Language:

Class X: Oral: Prepared speech/ declamation; impromptu speech/ debate/ discussion; report/interview; elocution; role-play/general conversation on selected topics.

Creative Writing: Students are to write short compositions (approximately 300 to 400 words each), the stimuli being:

- (i) a piece of recorded music;
- (ii) a recorded series of sounds;
- (iii) a picture/photograph;
- (iv) an opening sentence or phrase;
- (v) a newspaper/magazine clipping or report;

One piece of factual writing which should be informative or argumentative; one piece of expressive writing which is descriptive and imaginative; preparation of film/book review.

Literature (Prescribed Texts):

Class X

Assignments should be based on the prescribed textbooks on the following lines:

- (i) Character/thematic analysis.
- (ii) Socio-economic, cultural, historical relevance / background.
- (iii) Summary / paraphrase.

EVALUATION

The assignments/project work are to be evaluated by the subject teacher and by an External Examiner. (The External Examiner may be a teacher nominated by the Head of the school, who could be from the faculty, **but not teaching the subject in the section/class**. For example, a teacher of the language of Class VIII may be deputed to be an External Examiner for Class X projects in the language.)

The Internal Examiner and the External Examiner will assess the assignments independently.

Award of Marks (20 Marks)

Subject Teacher (Internal Examiner)	10 marks
External Examiner	10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the school.

The Head of the school will be responsible for the online entry of marks on the Council's CAREERS portal by the due date.

**INTERNAL ASSESSMENT IN INDIAN LANGUAGES - GUIDELINES FOR MARKING WITH GRADES - CREATIVE WRITING
(CLASS X)**

Grade	Content/Analysis of Idea, Thought/ Feeling.	Expression/ Effective Expression of Idea	Structure/ Organisation of Material	Vocabulary/ Use of Words, Phrases	Originality/ Imaginative/ Innovative	Marks
I	The candidate analyses the ideas, feelings and experiences effectively. Reasoning is logical and effective.	The candidate expresses the ideas, thoughts and feelings effectively.	The work is very well structured with a sense of introduction, body, middle and conclusion, paragraphing and appropriate sentence construction.	The use of vocabulary exhibits a high level of competence in handling language.	The work is imaginative, interesting and engrossing.	4
II	The candidate analyses the ideas, feelings and experiences with well-defined explanations, reasoning is logical and persuasive.	The candidate expresses the ideas, thoughts and feelings well and with clarity.	The work is very well structured with some sense of conclusion and of paragraph lengths.	The vocabulary exhibits competence of word usage; correctness of grammar and spelling.	The candidate's work is quite interesting and engrossing.	3
III	The candidate analyses the ideas, feelings and experiences with a fair degree of detail and explanation. Reasoning is fairly logical and persuasive.	The candidate expresses the ideas, thoughts and feelings fairly well and with a fair degree of clarity.	The work is fairly well structured; candidate follows simple paragraphing.	The candidate uses straightforward vocabulary and fairly good pattern of spellings.	The candidate demonstrates the ability to sustain the interest of the reader.	2
IV	The candidate attempts to analyze ideas, feelings and experiences with simple explanation and detail. Reasoning and arguments are not very convincing.	The candidate expresses the ideas, thoughts and feelings intelligibly and in simple language.	The work shows some understanding of paragraphing and structure.	The candidate's vocabulary is limited and the spelling, punctuation and grammar is sometimes poor.	The candidate is, to some extent, able to sustain the interest of the reader.	1
V	The candidate attempts a basic analysis of ideas, feelings and experiences with few simple explanations and few details. Is unable to present proper arguments.	The candidate is unable to express the ideas, thoughts and feelings, uses simple language and the work is not very intelligible.	The candidate does not display an understanding of structure and paragraphing.	There is consistent weakness in spelling, punctuation and grammar.	The candidate is unable to sustain the interest of the reader.	0

**INTERNAL ASSESSMENT IN INDIAN LANGUAGES - GUIDELINES FOR MARKING WITH GRADES- ORAL ASSIGNMENT
(CLASS X)**

Grade	Fluency of Language	Subject Matter	Organization	Vocabulary/ Delivery	Understanding	Gesture	Marks
I	Speaks with fluency and has full operational command over the language.	Matter is relevant, rich in content and original.	Content is well sequenced and well organized.	Uses appropriate vocabulary and pronounces words correctly.	While speaking, the candidate emphasizes the important points.	Uses natural and spontaneous gestures that are not out of place.	3
II	The candidate speaks with fairly good fluency and has reasonable operational command of the language.	The subject matter is mostly relevant, consisting of a few original ideas.	The content is satisfactorily sequenced and well organized.	The candidate pronounces most words correctly and uses simple vocabulary.	While speaking the candidate emphasizes most important points.	Uses some natural gestures.	2
III	The candidate speaks with poor fluency and does not communicate except for the most basic information.	The subject matter is irrelevant and lacks originality.	The subject content is very poor and lacks organisational structure.	The candidate pronounces many words incorrectly and uses inappropriate vocabulary.	While speaking, the candidate emphasizes some important points.	Uses very few natural gestures.	1
IV	The candidate cannot communicate even the most basic information.	The subject matter is negligible.	The subject content comprises of mere words with no structured sentences.	The candidate is unable to correctly pronounce most words and has a limited vocabulary.	While speaking, the candidate is unable to emphasize important points.	Uses no natural gestures.	0

**INTERNAL ASSESSMENT IN INDIAN LANGUAGES (LITERATURE - PRESCRIBED TEXTS) - GUIDELINES FOR MARKING
WITH GRADES (CLASS X)**

Grade	Understanding of Text (Narrative)	Examples from Text	Understanding of text- Interpretation and Evaluation	Appreciation of Language, Characterization	Critical Appreciation -Personal Response	Marks
I	The candidate demonstrates expertise in giving an appropriate account of the text, with well-chosen reference to narrative and situation.	The account is suitably supported by relevant examples from the text.	The candidate understands the text with due emphasis on interpretation and evaluation.	The candidate appreciates and evaluates significant ways (structure, character, imagery) in which writers have achieved their effects.	The candidate is able to effectively reflect personal response (critical appreciation) to the text.	4
II	The candidate demonstrates a high level of competence in giving an account of the text, with appropriate references to the narrative and situation.	The account is supported by examples from the text.	The candidate understands the text with some emphasis on interpretation and evaluation.	The candidate appreciates and evaluates significant ways in which writers have achieved their effects.	The candidate is able to reflect a personal response to the text.	3
III	The candidate demonstrates competence in giving an account of the text with some reference to the narrative and situation.	The candidate understands the text and shows a basic recognition of the theme and can support it by a very few examples.	The candidate recognizes some aspects of the text used by authors to present ideas.	The candidate recognizes some of the significant ways in which the writers have used the language.	The candidate is able to communicate a personal response which shows appreciation.	2
IV	The candidate gives broad account of the text with reference to the narrative and situation.	The candidate understands the basic meaning of the text.	The candidate relates the text to other texts studied.	The candidate recognizes differences in the way authors write.	The candidate communicates straight forward personal response to the text.	1
V	The candidate is unable to demonstrate an understanding of the basic events in the text.	The candidate is unable to understand the text or support it with any examples.	The candidate is unable to relate to the other text studied.	The candidate is unable to recognize the differences in the way authors write.	The candidate is unable to give a personal view of the text studied.	0

LIST OF PRESCRIBED TEXTBOOKS

INDIAN LANGUAGES

1. AO NAGA (42):

(Only two of the following books are to be offered)

(i) **Mejen O 2nd edition**

(An Anthology of Poems and Short Stories by Contemporary Ao writers, JMS Publication).

The following will not be tested:

Prose:

- Lanuwa Kutsui Ku dang Ashiba Asurmetenla, P Renthly Jamir
- Keyi Assai Aoba-1, Ben Wati

Poetry:

- Nokinketer Sangro – 1, Sademmeren Longkumer
- 1985- Ngangshikokba Ao

(ii) **Khristan Aeni Aoba 2nd edition.**

(A translation of John Bunyan's 'The Pilgrim's Progress', ABAM Publication).

(iii) **Akumlir Wadang** by L. Imti Aier.

2. ASSAMESE (02):

(Only two of the following books are to be offered)

(i) **Karengar Ligiri (Drama):** by Jyoti Prasad Agarwala, Pub: Bimal Kumar Hazarika, Secretary, Publication Board Assam, Guwahati - 781021.

(ii) **Saudor Puteke Naau Meli Jai (Novel):** by Homen Buragohain, Pub: Ajay Kumar Dutta, Students' Stores, College Hostel Road, Guwahati – 781001.

(iii) **Kabita Manjuri (a collection of poems),** Pub: Pratima Prakashan, Guwahati - 781022.

The following will not be tested:

- Xarat Bornona
- Polash

(iv) **Asomiya Chuti Galpar Prabah(a collection of short stories),** Pub: Secretary, Publication Department, Guwahati University, Guwahati - 781014.

The following will not be tested:

- Dhura hap
- Modhupur bohu dur
- Ahat Daba
- Obuj Maya

3. BENGALI (03):

(Only two of the following books are to be offered)

Sonkolita: A collection of ICSE Short Stories & Poems (Power Publishers, Kolkata)

(i) **Short Stories:** (All short stories to be studied)

1. *Ginni* - Rabindranath Tagore
2. *Laloo* - Sarat Chandra Chattopadhyay
3. *Baama* - Bibhutibhushan Banadyopadhyay
4. *Canvassar* - Banaphul
5. *Asohojogee* - Manik Bandyopadhyay
6. *Neel Manusher Kahini* - Sunil Gangyopadhyay
7. *Gandhota Baro Sandehojanak* - Shirshendu Mukhopadhyay
8. *Lokti* - Humayun Ahmed

(ii) **Poems:** (All poems to be studied)

1. *Bangabhumir prati* - Madhusudan Dutta
2. *Shobhotar prati*- Rabindranath Tagore
3. *Kuli-Mojur* - Najrul Islam
4. *Siri* - Sukanta Bhattacharya
5. *Phul Futuk Na Futuk* -Subhash Mukhopadhyay
6. *Amalkanti* - Nirendranath Chakraborty
7. *Babu Bolen* - Shankha Ghosh
8. *Kho-Kho* - Amitabha Dasgupta

(iii) **Novel:** *Chander Pahar* - Bibhutibhushan Bandyopadhyay

(iv) **Drama:** *Jumbo* - Mohit Chattopadhyay

4. DZONGKHA (26):

Note: There is no change in the syllabus for this language.

(Only two of the following books are to be offered)

(i) *Gyalse Laglen* – Prose (Reader VIII)

(ii) *Legshed Langdor Shenjed* Proverbs

(iii) *Biography of Ashi Nangse*

5. GARO (40):

(ONLY two of the following books are to be offered)

(i) *Kadimgimin Seanirang Bak II*: Compiled by Lindrid D. Shira

Only the following selection is to be studied:

1. *A Chikrangni Nokma Songa* – Llwellyn R. Marak
2. *Nokpante* – Brucellina G momin
3. *Balpakram* - Llwellyn R. Marak
4. *David Livingstone* – Tojing S Sangma
5. *Sepoy Mutiny ong gniko Jumang Niksoa* – Vinthon M. Momin
6. *Rev. Thangkan K. Sangma* – Lindrid D. Shira
7. *Changsao Dakgrikram A.bao Krismas Salo* – Mackenson Rongmuthu
8. *Garo Hills Damgipin A.gisi* – Rev. Gilbert K Marak
9. *Ahaia Ba Medong Ra.ona* – Aldrich Ch. Marak
10. *Chengoni A chik Kattarang* – Dewansing Rongmuthu
11. *A song De.a* – Aldrich Ch. Momin
12. *Kangalni Dal Gipa Mande ong.ani* – Lindrid D. Shira

(ii) **Poetry** – *Chason Gital A.Chik Poetryrang* – Compiled by Keneth M. Momin

Only the following selection is to be studied:

1. *Bidan Chimik* - S. S. Marak
2. *A. Songtagna Sinte* - S. S. Sangma
3. *Katta Pagitcham Niam Songittcham* - D. S. Rongmuthu
4. *Ka.saa* - Keneth Momin
5. *Ritimkari* - B. S. Sangma

6. *Cha.asia* - B. S. Bangshall

7. *Saljong Tasin Me chik* - M. R. Sangma

8. *A.gilsak Dal.begipa Alda Nok* - M. Rongmuthu

(iii) *Veniceni Badinggipa* – (Late) Mackenson Rongumuthu.

6. GUJARATI (04):

(Only two of the following books are to be offered)

Sahitya Gurjar : A collection of ICSE Short Stories and Poems (*Gurjar Granthratna Karyalaya, Ahmedabad*).

(i) **Short Stories:** (All short stories to be studied)

1. *Khari Maa* – Ramanlal Desai
2. *Parivartan* – Gaurishankar Joshi (Dhumketu)
3. *Sad Vartyo* – Zaverchand Meghani
4. *Ladu nu Jaman* – Pannalal Patel
5. *Annjalpani* – Pitambar Patel
6. *Sanskarni Shrimantai* – Kundanika Kapadia
7. *Dadano Dallo* – Ila Arab Mehta
8. *Himmat maro dost* – Mohammad Mankad

(ii) **Poems:** (All poems to be studied)

1. *Vaishnavjan* - Narsinh Mehta
2. *Pranam Mara* – Ramnarayan Pathak
3. *Ae Nishal Ae Savar* – Sundarji Betai
4. *Chha Rutuo* – Umashankar Joshi
5. *Banavati Phoolone* – Prahlad Parekh
6. *Boliye na Kain* – Rajendra Shah
7. *Gram Mata* – Sursingji Gohil “Kalapi”
8. *Subhashito*

(iii) **Novel:** *Vansano Ankur* - Dhiruben Patel

(iv) **Ekanki Gurjar: A collection of ICSE One Act Plays** (*Gurjar Granthratna Karyalaya, Ahmedabad*).

1. *Vruksh* – Labhshankar Thakar
2. *Karna Kunti* - Manubhai Pancholi
3. *Raja Ladu Sinh* – Dr Shiv Shankar Joshi
4. *Lagnana Umedwar* – Jyotindra Dave
5. *Deshbhakt Jagdusha* – Raman Lal Soni

7. HINDI (05):

Recommended for background work:
Saras Hindi Vyakaran (Evergreen Publications, New Delhi)

(Only two of the following books are to be offered)

Sahitya Sagar: A collection of ICSE Short Stories & Poems (Evergreen Publications, New Delhi)
(Examination Year 2022 onwards.)

(i) **Short Stories:** (All short stories to be studied)

1. *Baat Athanni Ki* - Sudarshan
2. *Kaki* - Siyaram Sharan Gupta
3. *Maha Yagya Ka Puruskar* - Yashpal
4. *Netaji Ka Chasma* - Swayam Prakash
5. *Bade Ghar Ki Beti* - Premchand
6. *Bheed me Khoya Aadmi* - Leeladhar Sharma Parvatiya
7. *Bhede Aur Bhediyeen* - Hari Shankar Parsai
8. *Do Kalakar* – Mannu Bhandari

(ii) **Poems:** (All poems to be studied)

1. *Sakhi* - Kabir Das
2. *Girdhar Ki Kundaliyan* - Girdhar Kavi Rai
3. *Swarg Bana Sakte Hai* - Ramdhari Singh Dinkar
4. *Wah Janmabhumi Meri* - Sohanlal Dwivedi
5. *Megh Aaye* - Sarveshwar Dayal Saxena
6. *Sur Ke Pad* - Surdas
7. *Vinay Ke Pad* - Tulsidas
8. *Chalna Hamara Kam Hai* - Shivmangal Singh ‘Suman’

(iii) **Novel:** *Naya Raasta* - Sushma Agarwal

(iv) ***Ekanki Sanchay: A collection of ICSE One Act Plays*** (Evergreen Publications, New Delhi)

1. *Sanskar Aur Bhavna* - Vishu Prabhakar
2. *Bahu Ki Vida* - Vinod Rastogi
3. *Matri Bhoomi Ka Man* - Hari Krishna “Premi”
4. *Sukhi Dali* - Upendra Nath “Ashka”
5. *Deepdan* - Ram Kumar Verma

8. KANNADA (06):

(Only two of the following books are to be offered)

Sahitya Sangama: A collection of ICSE Short Stories & Poems (Navakarnataka Publications, Bengaluru)

(i) **Short Stories:** (All short stories to be studied)

1. *Shivabhutiya Kathe* - Panchatantra
2. *Deepavali Mahime* - Janapada
3. *Thalmege Olida Adrushta* - N. Damodhara
4. *Tuchip, Tudand, Tubad -Ready* - Chaduranga
5. *Garuadagambada Dasaiah* – Govuru
6. *Kalavida* - TA. RA. Subha Rao
7. *Tollu Gatti* - Kailasam
8. *Sevaashramada Linganna* - Belagere Krishna Shastri

(ii) **Poems:** (All poems to be studied)

1. *Vachanagalu* - Basavanna & Akkamahadevi
2. *Bakurana Vadhe* - Kumaravyasa
3. *Tirukana Kanasu* - Muppina Shadakshri
4. *Garathiya Hadugala* - Janapada
5. *Negila Yogi* - Kuvempu
6. *Aru Hitavaru Ninage* – Purandara Dasaru
7. *Keladi Arasara Kathe* - Lavani
8. *Mankuhimmana Kaggera* - D.V. Gundappa

(iii) **Novel:** *Natya Mayuri* - Shri Sa. Shi. Marulayya

(iv) **Drama:** *Hoovi* - H.S. Venkatesh Murthy.

9. KHASI (07):

(Only two of the following books are to be offered)

(i) ***U Khain Bad Ka Bgen:*** by B.Chedrack Jyrwa

(ii) ***Ka Ki Sngi U Syiem:*** by Dewi Singh Khongdup.

Only the following selection is to be studied:

1. *U Phareng ha Lawkyntang*
2. *U Ksew, Ka Miaw bad u Tuta*
3. *U Sier Laplang bad u Shken*

4. *Ka Syiem Skei bad ki Hynniew Mahadei*
5. *Ki Nongap masi u Syiem ha Sor Shillong*

(iii) **Na Mihngi Sepngi:** by Rev. H. Elias

Only the following selection is to be studied:

1. *Ka Thma Hidarpes*
2. *U Mahajon Ka Benis*
3. *Ka Khein-Kur Khein-kha*
4. *I Mei*
5. *Ka Shong jong ka Jingphohsniew*

(iv) **Sawdong Ka Lynwiar Dpei:** by P. G. Gatphoh

Only the following selection is to be studied:

1. *Ki Paro Ksiar*
2. *U Aadak bad la ki Lok*

10. LEPCHA (20):

Recommended for background work:

A Lepcha Grammar and Composition for Classes IX and X.

(**Only two** of the following books are to be offered)

(i) **Chhukpryom Pundor: Treasure of Prose**, a Lepcha text book for Classes IX and X.

The following will not be tested:

- *Arom Kaat*
- *Lom Pogat*
- *Sakchin*
- *Saktop*

(ii) **Chhukdong Pundor: Treasure of Poems**, a Lepcha text book for Classes IX and X.

The following will not be tested:

- *Avet*
- *Tokshet Manin Muro Are*
- *Go*
- *Mikrung*

(iii) **Sung Norzot: Treasure of Stories**, a Lepcha Rapid Reader for Classes IX and X.

11. MALAYALAM (08):

(**Only two** of the following books are to be offered)

Sahitya Surabhi: A collection of ICSE Short Stories & Poems (D.C. Books, Kottayam)

(i) **Short Stories:** (All short stories to be studied)

1. *Uthuppante Kinar-* Karoor Neelakanta Pillai
2. *Neypayasam* - Madhavikutty
3. *Kattilekku Pokaruthe Kunje* - Shehabudeen Poithumkadavu
4. *Prakasham Parathunna Penkutty-* T. Padmanabhan
5. *Janmadinam* - Vaikom Muhammad Basheer
6. *Thahalseedarude Acha* -Thakazhy Sivasankara Pillai
7. *Kaliya Mardanam* - Kakkanadan
8. *Model* - Ponkunnam Varkey

(ii) **Poems:** (All poems to be studied)

1. *Puthen kalavum Arivaalum* - Edassery Govindan Nair
2. *Karnabhushanam (1- 110 lines)* - Ulloor S Parameswara Iyer
3. *Karma Bhoomiyude Pinchukaal* - Vallathol
4. *Bhoomikkoru Charama geetam-* O N V Kuruppu
5. *Vinda Kaaladikal* - P Bhaskaran
6. *Tachente Makal* - Vijaya Lekshmi
7. *Priyathame Prabhatame* - K Ayyappa Panicker
8. *Manaswani* – Chagampuzha

(iii) **Novel: Mayyazhippuzhayude Theerangalil** - M Mukundan

(iv) **Drama: Saketham** - C N Sreekantan Nair

12. MARATHI (09):

(**Only two** of the following books are to be offered)

(i) **Kathakunj (Katha - Sankalan)**. Pub: Saraswati House Pvt. Ltd., Daryaganj, New Delhi 110 002.

The following will not be tested:

- *Anganatala popat* - Divakar Krishna
- *Saris phutate hassya unhache* - Shankar Vaidhya
- *Doghi* - Saniya

- (ii) **Kavyangan (Kavya – Sankalan)**. Pub: Saraswati House Pvt. Ltd., Daryaganj, New Delhi 110 002.

The following will not be tested:

- *Mazy pathachya bahini* - Padma Gole
- *Zade lau* - Anant Bhawe.

- (iii) **Karunastak (Kadambari)**. Pub: Saraswati House Pvt. Ltd., Daryaganj, New Delhi 110 002.

- (iv) **Rangparsh (Ekankika – Sankalan)**. Pub: Saraswati House Pvt. Ltd., Daryaganj, New Delhi 110 002.

The following will not be tested:

- *Sakalacha abhayas* - Ram Ganesh

13. MANIPURI (18):

Note: There is no change in the syllabus for this language.

(Only two of the following books are to be offered)

- (i) **Lamjing Lairik** (Meetei Mayek Primer Classes IX & X).
- (ii) **Manipuri Sahitya Nachom** (Meetei Mayek or Roman Script Classes IX & X)
- (iii) **Manipuri Tengbang Sahitya** (Meetei Mayek or Roman Script Classes IX & X)
- (iv) **Anouba Manipuri Grammar** (Meetei Mayek or Roman Script Classes IX & X)

(All the above books are published by the Board of Secondary Education, Manipur)

14. MIZO (17):

Recommended for background work.

Mizo Grammar & Composition Part II by F. Lianhmingthanga and Lalthianghlina (Hauhlira Press, Saron Veng, Aizawl).

The following two books will be studied as per prescribed lessons:

(i) For Class IX –

1. **Mizo – 9 by MBSE (revised)**
2. **Irrawady Luikamah** by James Dokhuma (Rapid Reader)

(ii) For Class X -

1. **Mizo – 9 by MBSE (revised)**

The following will not be tested:

Prose:

- *Chapter 18 – Peihna by Sangzuala*
- *Chapter 19 – Nihna - Darchhawna*
- *Chapter 20 – Mizote leh an nihna - B Thangliana*
- *Chapter 22 – Tlemte ka chhiar a, ka pass tho - Zikpui Pa*

Poems:

- *Chapter 9 – Chhingkhual len mawii - P.S. Chawngthu*
- *Chapter 10 – Hmangaihna - Vankhama*

2. **Khawnglung Run** by R. Lalrewna (Rapid Reader)

15. NEPALI (10):

(Only two of the following books are to be offered)

Sahitya Kunj: A collection of Short Stories & Poems (Gamma Publication, Darjeeling)

(i) Short Stories: (All short stories to be studied)

1. *Aunthi*- Achha Rai Rashik
2. *Chaprasi* - Indrabhahadur Rai
3. *Taar Chudieko Saarangi* - Jasyonzon Pyasi
4. *Mrituko Mukhenji* - Parsuram Roka
5. *Sangat* - Badrinarayan Pradhan
6. *Maachako Mol* - Sivkumar Rai
7. *Jyotibinako Ujyalo* - Sanu Lama
8. *Gariman* - Indra Sundas

(ii) Poems: (All poems to be studied)

1. *Mritukamana Kehi Mera* - Agamsing Giri
2. *Bolee* - Tekdhaj Jimba
3. *Laxya* - Parashmani Pradhan
4. *Karma* - Balkrishna Sam
5. *Ram-Bharat Sambat* - Bhanubhakta Acharya

6. *Kaal Mahimaa* - Lekhnath Paudyal
7. *Madan Bhotbat Pharkada* -Laxmiprasad Deokota
8. *Utsarga* - Lakhi Devi Sundas

(iii) **Novel:** *Bhrammer* - Rupnarayan Sinha

(iv) **Ekanki Kunj:** *A collection of ICSE One Act Plays* (Gamma Publication, Darjeeling)

1. *Biyog* - Manbahadur Mukhia
2. *Tika* - Mohan - Pukar
3. *Ma Bhat Khanna* - Ramlal Adhikari
4. *Maag* - Leela
5. *Saahinu* - Sanu Bhai Sharma

16. ODIA (11):

(Only two of the following books are to be offered)

Gyananjali: *A collection of Short Stories & Poems* (Friends Publishers, Cuttack)

(i) **Short Stories:** (All short stories to be studied)

1. *Dhulia Baba* - Fakir Mohan Senapati
2. *Bhadraloka* - Prativa Ray
3. *Shikar* - . Bhagawati Charana Panigrahi
4. *Krupana* - Mr. Manoj Das
5. *Mukhagni* - Lakshmi Chand
6. *Dimiri Phula*- Akhila Mohan Pattnayak
7. *Samantara Saralarekha*- Bibhuti Pattanayak
8. *Anguthi* - Sachidananda Routray

(ii) **Poems:** (All poems to be studied)

1. *Gandharira Ashirbada* -Kalandi Charana Panigrahi
2. *Kali Jai* - Pandit Godabarish Mishra
3. *Mahima* - Swabhaha Kabi Gangadhara Meher
4. *Banaphula Udyana Kusum* - Utkala Bharati Kuntala Kumari Sabat
5. *Jagate Kebala*- Kabisurya Baladeva Ratha
6. *Grama Patha*-Binod Chandra Nayak
7. *Mani Kanchana Yoga*- Radhamohan Gadanayak
8. *Khadyotika* - Bidyut Prava Devi

(iii) **Novel:** *Aadoora* *Sakala* - Prashant Mohanty

(iv) **Ekanki Chayan:** *A collection of ICSE One Act Plays* (Friends Publishers, Cuttack)

1. *Petu* - Pranabandhu Kar
2. *Rani Shuka Dei*- Manoranjan Das
3. *Bagha Sikara* - Ranjit Pattnaik
4. *Konarka* - Bhanja Kishore Pattnayak
5. *Ahuti* - Kartik Chandra Rath

17. PUNJABI (12):

Recommended grammar book in Punjabi

Shiromani Punjabi Vyakaran Ate Rachanawali (Pub. Ved Prakash & Sons, Sai Hiran Gate, Jalandhar City – 114 008)

(Only two of the following books are to be offered)

Kav – Katha Samvedna: *A collection of Short Stories & Poems* (Evergreen Publications, New Delhi)

(i) **Short Stories:** (All short stories to be studied)

1. *Pahuta Pandhi* - Gurbax Singh
2. *Bhatta* - Sant Singh Sekhon
3. *Zeenat Appa* - Kartar Singh Duggal
4. *Dharti Hethla Balad* - Kulwant Singh Virk
5. *Sanjhi Kandh* - Santokh Singh Dheer
6. *Rub Te Ruttan* - Dr. Dalip Kaur Tiwana
7. *Baki Sab Sukh Saand Hai* - Mohan Bhandari
8. *Chandova* - Kartar Singh Suri

(ii) **Poems:** (All poems to be studied)

1. *Sama* - Bhai Veer Singh
2. *Maa Da Dil* - Firoz Din Sharaf
3. *Mele Vich Jatt* - Dhani Ram Chatrak
4. *Chhatto Di Beri* - Prof. Mohan Singh
5. *Aaj Akhan Waris Shah Nu* - Amrita Pritam
6. *Jionde Bhagwan* - Nand Lal Noorpuri
7. *Rukh* - Shiv Kumar Batalvi
8. *Mera Bachpan* - Harbhajan Singh

(iii) **Novel:** *Pataal De Githmuthiye* - Jasbir Bhullar

(iv) **Manch Mehak: A collection of ICSE One Act Plays** (Evergreen Publications, New Delhi)

1. *Suhag* - I.C. Nanda
2. *Dr. Palta* - Balwant Gargi
3. *Dushman* - Gurcharan Singh Jasuja
4. *Parat Auan Tak*- Satish Verma

18. **SANSKRIT (19):** The following books are to be studied:

(i) **Sanskrit Vani Book 4** (for Class IX) by H.D. Vijayshri and Mrs. S. Bolar, Pub: Orient Longman

The following will not be tested:

- Chaatra shikshanam
- Lokoktayah
- Vyaakaranam

(ii) **Sanskrit Vani Book 5** (for Class X) by H.D. Vijayshri and Mrs. S. Bolar, Pub: Orient Longman.

The following will not be tested:

- Suktayah
- Samaasavrutih

19. **TAMIL (13)**

(Only two of the following books are to be offered)

(i) **Rajaraja Cholan** (Drama) (by R. Ramanathan – Pub. Prema Parasuram)

(ii) **Veerapandiya Kattabomman** (Novel) (by K. Jeeva Bharathi – Pub. Kumaran Pathipakam)

(iii) **Charitra Sambavangal** (Historical Essays) (by “Vaandumama” V. Krishnamoorthy, Pub. Gangai Puthaka Nilayam)

The following will not be tested:

- *Mallan Marappan*

20. **TANGKHUL (47)**

(Only two of the following books are to be offered)

(i) **Tangkhul Tuitam Kachiko**, Class IX published by Luitham Press, Ukhrul (2006).

(ii) **Tangkhul Tuitam Kathara**, Class X published by Luitham Press, Ukhrul (2006).

(iii) **Kathaka Tangkhul Tuitam** (Classes IX and X published by Luitham Press, Ukhrul (2006).

The following will not be tested:

Chapter 2. *Mirinwui thingrong so*
- K. Muirangwo

Chapter 5. *Chamtha eina Chamthei*
- K. K. Hugh

Chapter 9. *Tangkhul ngashan*
- Chihanpam sareo

Chapter 10. *Shanaowui Mashun*
- John F

21. **TELUGU (14)**

(Only two of the following books are to be offered):

Padya, Gadya Kadambamu- A collection of ICSE Short Stories and Poems (S.R. Book Links, Vijaywada)

(i) **Poems:** (All poems to be studied)

1. *Vidura Neethi*- Tikkana Somayaji
2. *Sneha Dharmam* - Bammara Pothana
3. *Atidhi Sevanamu* - Sri Krishna Devarayalu
4. *Paarijatha Prasoonamu* - Nandi Thimmana
5. *Hithopadesamu* - Atukuri Molla
6. *Sathaka Manjari* - Narasima Sathakam by Seshappa Kavi (26, 38, 39, 54 poems) & Sri Kalahasthiswara Sathakam by Dhurjati (12,13,27,28 poems)
7. *Krushivaludu* - Duvvuri Ramireddy
8. *Nenantanu* - Dasarathi Krishnamacharyulu

(ii) **Short Stories:** (All short stories to be studied)

1. *Indra Dyumuni Samudra Prayaanam* - Madhira Subbanna Deekshitulu
2. *Seethaanveshana* - Padala Ramarao
3. *Taapi Mesthri* - Shri Paada Subramanya Sastri
4. *Appudu Putti Vunte* - Devulapalli Krishna Sastry
5. *Oka Cheema Katha* - Dr. Raavuri Bharadwaja

6. *Ugaduloo, Ushassuloo*- Madhuranthakam Rajara
7. *Riktha Hasthamulu* - Vidya Prakananda Giri Swamy
8. *Samskruti* - Acharya Khandavalli Lakshmi Ranjanam

(iii) **Novel: *Ganapathi*** - Chilakamarthi Lakshmi Narasimham.

(iv) **Drama: *Vishnu Sharma English Chaduvu*** - C.S. Rao

22. TENYIDIE (41):

Note: There is no change in the syllabus for this language.

(Only two of the following books are to be offered)

(i) *Neteya*

(ii) *Noudo Dze*: by Dino and Viswedel

(iii) *Uca* –53: by Shurhozelie

23. URDU (16)

(Only two of the following books are to be offered)

Lazawal Muraqqe - A collection of ICSE Short Stories and Poems / Ghazals (Huda Publications, Hyderabad)

(i) **Short Stories:** (All short stories to be studied)

1. *Ibadat* - Munshi Prem Chand
2. *Bhola* - Rajendar Singh Bedi

3. *Manzoor* - Saadat Hasan Manto
4. *Allah De Banda Le* - Razia Sajjad Zaheer
5. *Aakhri Qadam* - Dr. Zakir Hussain
6. *Khadar Ka Kafan* - Khaja Amed Abbas
7. *Addu* - Jeelani Bano
8. *Ek Aur Shrawan Kumar* - Salam Bin Razzaq

(ii) **Poetry: Poems and Ghazals** (All poems /ghazals to be studied).

1. *Piya Baaj Piala Piya Jaye na* (Ghazal) - Mohd Quli Qutub Shah
2. *Faqeerana Aye Sada Kar Chaley* (Ghazal) - Mir Taqi Mir
3. *Dard Minnat Kashey Dawa Na Huwa* (Ghazal) - Mirza Ghalib
4. *Phir Chedi Raat Baat Phooloon Ki* (Ghazal) - Makhdoom Mohiuddin
5. *Justujoo Jis Ki Thi...* (Ghazal) - Sher e Yaar
6. *Kaljugh* (Poem) - Nazeer Akbar Aabadi
7. *Chand Aur Tare* (Poem) - Sir Mohd Iqbal
8. *Aawo Ke Koyi Khawaab Bunien* (Poem) - Sahil Ludhiyanvi

(iii) **Novel: *Taubat-Un-Nusuh*** (also known as *Nusuh Ka Khawaab*) - Nazeer Ahamed

(iv) **Drama: *Darwaze Khol Do*** - Krishan Chander

HISTORY, CIVICS AND GEOGRAPHY (50)

HISTORY AND CIVICS

H.C.G. - Paper - 1

Candidates offering History, Civics and Geography (Thailand) are not eligible to offer History, Civics and Geography.

CLASS X

*There will be **one** paper of **two** hours duration carrying 80 marks and an Internal Assessment of 20 marks.*

*The paper will be divided into **two** parts, Part I and Part II.*

***Part I** (30 marks) will contain short answer questions set from the entire syllabus.*

*Candidates will be required to answer **all** questions.*

***Part II** (50 marks) will consist of Section A and Section B. Candidates will be required to answer **two** out of **three** questions from Section A and **three** out of **five** questions from Section B. The sections will correspond to the sections indicated in the syllabus.*

SECTION A: CIVICS

1. The Union Legislature

Meaning of the federal setup in India.

(i) Lok Sabha - term, composition, qualifications for membership. Parliamentary procedures: a brief idea of sessions, quorum, question hour, adjournment and no-confidence motion. Speaker – election.

(ii) Rajya Sabha – composition, qualifications for membership, election, term, Presiding Officer.

Powers and functions of Union Parliament – (legislative, financial and control over the executive). Exclusive powers of the two Houses.

2. The Union Executive

(a) The President:

Qualifications for election, composition of Electoral College, reason for indirect election, term of office, procedure for impeachment.

Powers (executive, legislative, discretionary and emergency).

(b) The Vice-President:

Qualifications for election and term of office.

(c) Prime Minister and Council of Ministers:

Appointment, formation of Council of Ministers and their tenure. Position and powers of the Prime Minister. Collective and individual responsibility of the members of the Cabinet. Distinction between the Council of Ministers and the Cabinet.

3. The Judiciary

(a) The Supreme Court:

Composition, qualifications of judges, and their appointment; Jurisdiction and functions: Original, Appellate, Advisory, Revisory, Judicial Review and Court of Record. Enforcement of Fundamental Rights and Writs.

(b) The High Courts:

Composition, qualifications of judges and their appointment.

(c) Subordinate Courts:

Distinction between Court of the District Judge and Sessions Court.

Lok Adalats: meaning and advantages.

SECTION B: HISTORY

1. The Indian National Movement (1857 - 1917)

(a) The First War of Independence, 1857

Only the causes (political, socio-religious, economic and military). [The events, however, need to be mentioned in order to maintain continuity and for a more comprehensive understanding.]

(b) Factors leading to the growth of Nationalism – socio-religious reform movements (brief

mention of contribution of Raja Rammohan Roy and Jyotiba Phule) and role of the Press.

Indian National Congress - Immediate objectives of the Indian National Congress - the first two sessions and their Presidents should be mentioned.

- (c) First Phase of the Indian National Movement (1885-1907)

Objectives and methods of struggle of the Early Nationalists. Any two contributions of Dadabhai Naoroji, Surendranath Banerjee and Gopal Krishna Gokhale.

- (d) Second Phase of the Indian National Movement (1905-1916)

Brief mention of the causes of the Partition of Bengal and its perspective by the Nationalists. Objectives and methods of struggle of the Radicals. Any two contributions of Bal Gangadhar Tilak, Bipin Chandra Pal and Lala Lajpat Rai. The Muslim League and its objectives.

2. Mass Phase of the National Movement (1915-1947)

- (a) Mahatma Gandhi - *Non-Cooperation Movement : causes (Khilafat Movement, Rowlatt Act, Jallianwala Bagh Tragedy), programme and suspension – Chauri Chaura incident and impact of the Movement; the Civil Disobedience Movement: causes (reaction to the Simon Commission, Declaration of Poorna Swaraj at the Lahore Session of 1929), Dandi March, programme and impact of the Movement, Gandhi-Irwin Pact and the Second Round Table Conference; the Quit India Movement: causes (failure of the Cripps Mission, Japanese threat), Quit India Resolution and the significance of the Movement.*
- (b) Forward Bloc (*objectives*) and INA (*objectives and contribution of Subhas Chandra Bose*).
- (c) Independence and Partition of India – *Mountbatten Plan (clauses and its acceptance) and the Indian Independence Act of 1947 (clauses only).*

3. The Contemporary World

- (a) The First World War

Causes (Nationalism and Imperialism, division of Europe and Sarajevo crisis) and Results (Treaty of Versailles).

- (b) Rise of Dictatorships

Similarity between the ideologies of Fascism and Nazism.

- (c) The Second World War

Causes (Dissatisfaction with the Treaty of Versailles, Rise of Fascism and Nazism, Japanese invasion of China, Failure of League of Nations and Hitler's invasion of Poland).

- (d) United Nations

- (i) The objectives of the U.N.

The composition and any four functions of the General Assembly, the Security Council, and the International Court of Justice.

- (ii) Major agencies of the United Nations: *UNICEF, WHO and UNESCO – any four functions only.*

- (e) Non-Aligned Movement

Brief meaning; objectives; Names of the architects of NAM. [Jawaharlal Nehru, President Nasser, Joseph Broze Tito].

INTERNAL ASSESSMENT

Any one project/assignment related to the syllabus.

Suggested Assignments

- Compare the Parliamentary and Presidential forms of Government with reference to India and the U.S.A.
- Conduct a mock Court and record the proceedings.
- Present a life sketch and contributions of any one of the following Presidents of India –
- Dr. Rajendra Prasad, Dr. S. Radhakrishnan and Dr. A.P.J. Abdul Kalam (or any other).
- Present a book review of any one of the following works: Dadabai Naoroji's 'Poverty and un-British rule in India', Gandhi's 'The Story of my Experiments with Truth', Nehru's 'Discovery of India', Bhagat Singh's 'Why I am an Atheist', Vijayalakshmi Pandit's 'The Scope of Happiness:

A Personal Memoir’, Abdul Kalam’s ‘Wings of Fire’.

- Discuss the relevance of any one of the following films to understand the history of 20th Century Europe: The Book Thief, Schindler’s List, Escape to Victory, The Boy in Striped Pyjamas, Life is Beautiful, The Sound of Music, Gandhi (Richard Attenborough), Sardar (Ketan Mehta), Netaji Subhas Chandra Bose - The Forgotten Hero (Shyam Benegal).
- Highlight the work and achievements of any one Nobel Laureate - Malala Yousafzai or Kailash Satyarthi.
- Make a PowerPoint presentation on India’s Independence and Partition.
- Make a presentation on the influence of Gandhian principles on Martin Luther King / Nelson Mandela.
- Prepare a report on the contributions of any one of the following agencies of the United Nations – UNESCO / WHO / UNICEF / ILO / UNDP / FAO.
- Present a case study of any recent human rights violations and redressal mechanisms available to prevent such instances in the future.

EVALUATION

The assignments/project work is to be evaluated by the subject teacher and by an External Examiner. (The External Examiner may be a teacher nominated by the Head of the School, who could be from the faculty, **but not teaching the subject in the section/class**. For example, a teacher of History of Class VIII may be deputed to be an External Examiner for Class X, History projects.)

The Internal Examiner and the External Examiner will assess the assignments independently.

Award of Marks (20 Marks)

Subject Teacher (Internal Examiner)	10 marks
External Examiner	10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the School.

The Head of the school will be responsible for the online entry of marks on the Council’s CAREERS portal by the due date.

INTERNAL ASSESSMENT IN HISTORY & CIVICS - GUIDELINES FOR MARKING WITH GRADES

Grade	Preparation/ Research	Information	Concepts	Thinking Skills	Presentation	Marks
I	<ul style="list-style-type: none"> ▪ Follows instructions with understanding. ▪ Masters research techniques easily. ▪ Reference work is orderly. 	<ul style="list-style-type: none"> ▪ A good deal of relevant matter. ▪ Uses wide range of sources. 	<ul style="list-style-type: none"> ▪ Good understanding of historical concepts - sequence/ reconstruction- causes and consequences-continuity and change ▪ Empathy. 	<ul style="list-style-type: none"> ▪ Different interpretations of evidence. ▪ Can draw Inferences/ deductions/ conclusions. 	<ul style="list-style-type: none"> ▪ Matter presented is clear and is in coherent form (sub-headings, sections, chapters etc.) ▪ Work is neat and tidy and not over elaborate. 	4
II	<ul style="list-style-type: none"> ▪ Follows instructions but needs a little help in research techniques. ▪ Reference notes quite orderly. 	<ul style="list-style-type: none"> ▪ Selects matter relevant to context. ▪ Limited use of references/ sources. 	<ul style="list-style-type: none"> ▪ Understanding of concepts is adequate. 	<ul style="list-style-type: none"> ▪ Limited / Single interpretation of evidence with some examples. ▪ Some inferences/ conclusions are drawn. 	<ul style="list-style-type: none"> ▪ Matter is presented in coherent form but not organized into sections etc. ▪ Presentation neat and tidy but not elaborate. 	3
III	<ul style="list-style-type: none"> ▪ Follows instructions but needs constant guidance. ▪ Reference notes at times disorderly. 	<ul style="list-style-type: none"> ▪ Relevant matter but limited reference work. ▪ Matter is sketchy. 	<ul style="list-style-type: none"> ▪ Displays limited use of concepts. 	<ul style="list-style-type: none"> ▪ Few examples /single example to support reasoning. 	<ul style="list-style-type: none"> ▪ Work is presented in an orderly way, but not organized into sections. ▪ Over use of ‘cosmetics’ to hide lack of substance. ▪ Work is quite neatly presented. 	2
IV	<ul style="list-style-type: none"> ▪ Struggles with research methods and needs constant guidance. ▪ Reference notes copied without reference to keywords. 	<ul style="list-style-type: none"> ▪ Hardly any reference material. ▪ Use of irrelevant matter. ▪ Matter is sketchy. 	<ul style="list-style-type: none"> ▪ Minimal competency in concepts. ▪ A few of the required concepts. 	<ul style="list-style-type: none"> ▪ Finds it difficult to make conclusions/ deductions/ inferences. ▪ No examples to support reasoning. 	<ul style="list-style-type: none"> ▪ Matter presented in a confused way at times (no sub-headings, chapters, etc.) ▪ Tendency to copy from reference books. ▪ Use of “cosmetics” to hide lack of substance. 	1
V	<ul style="list-style-type: none"> ▪ Cannot follow instructions. ▪ Works ‘blindly’ without reference to keywords. 	<ul style="list-style-type: none"> ▪ No reference work/copied from other textbooks/ sketchy matter. 	<ul style="list-style-type: none"> ▪ Unable to demonstrate concepts. 	<ul style="list-style-type: none"> ▪ Unable to make inferences/ deductions or come to any conclusions. 	<ul style="list-style-type: none"> ▪ Matter presented in an incoherent/ disorganized way. ▪ Copied from textbooks “blindly”. ▪ Use of “cosmetics” to hide lack of substance. ▪ Untidy work. 	0

HISTORY, CIVICS AND GEOGRAPHY (50)

GEOGRAPHY

H.C.G. - Paper - 2

Candidates offering History, Civics and Geography (Thailand) are not eligible to offer History, Civics and Geography.

CLASS X

*There will be **one** paper of **two** hours duration carrying 80 marks and Internal Assessment of 20 marks.*

*The Paper will consist of **two** parts, Part I and Part II.*

***Part I (compulsory)** will consist of **two** questions. Question 1 will be based on **Topographical Map**.*

*Question 2 will be based on outline **Map of India**.*

***Part II:** Candidates will be expected to answer any **five** questions.*

Candidates will be expected to interpret/make the fullest use of sketches, diagrams, graphs and charts in their answers.

Questions set may require answers involving the interpretation of photographs of geographical interest.

PART – I

MAP WORK

1. Interpretation of Topographical Maps

- Locating features with the help of a four-figure grid reference.*
- Definition of contour and contour interval. Identification of landforms marked by contours (steep slope and gentle slope), triangulated height, spot height and benchmark.*
- Interpretation of colour tints used on a topographical survey of India map.*
- Identification and definition of types of scale given on the map.
Measuring direct distance and calculating area using the scale given therein.*
- Marking directions between different locations, using eight cardinal points.*

- Identify: Site of prominent villages and/or towns, types of occupation and means of communication with the help of the index given at the bottom of the sheet.*
- Identification of drainage patterns (Dendritic, Trellis, Radial, and Disappearing) and settlement patterns (Scattered and Compact). Identification of direction of flow, left bank and right bank of a river.*
- Identification of natural and man-made features.*
- Meaning of important terms- Relative height / depth, broken ground, surveyed tree, fireline, causeway, aqueduct and diggi.*

2. Map of India

On an outline map of India, candidates will be required to locate, mark and name the following:

***Mountains, Peaks and Plateaus:** Himalayas, Aravali, Vindhya, Satpura, Western and Eastern Ghats, Nilgiris, Mount Kanchenjunga. Deccan Plateau, Chota Nagpur Plateau.*

***Plains:** Gangetic Plains and Coastal plains – (Konkan, Malabar, Coromandel)*

***Desert:** Thar (The Great Indian Desert)*

***Rivers:** Indus, Jhelum, Satluj, Ganga, Yamuna, Kosi, Chambal, Betwa, Brahmaputra, Narmada, Tapti, Mahanadi, Godavari, Krishna, Cauveri, Tungabhadra.*

***Water Bodies:** Gulf of Kutch, Gulf of Khambhat, Andaman Sea, Chilka Lake.*

***Pass:** Karakoram.*

Longitude: Standard Meridian ($82^{\circ} 30'E$).

Direction of Winds: South West Monsoons (Arabian Sea and Bay of Bengal Branches), North East Monsoons.

Distribution of Minerals: Oil - Mumbai High (Offshore Oil Field), Coal – Jharia.

Soil Distribution – Alluvial and Black Soil.

Cities - Delhi, Mumbai, Kolkata, Chennai and Allahabad.

Population - Distribution of Population (Dense and sparse).

PART - II

GEOGRAPHY OF INDIA

3. Location, Extent and Physical features

- Position and Extent of India. (through Map only).
- The physical features of India – mountains, plateaus, plains and rivers. (through Map only).

4. Climate

Distribution of Temperature, Rainfall, winds in Summer and Winter and factors affecting the climate of the area. Monsoon and its mechanism. Seasons: March to May – Summer; June to September – Monsoon; October to November – Retreating Monsoon. December to February – Winter. Study of climatic data.

5. Soil Resources

- Types of soil (alluvial, black, red and laterite) distribution, composition and characteristics such as colour, texture, minerals and crops associated.
- Soil Erosion – meaning, agents (water and wind), types (sheet and gully erosion) causes.
- Soil conservation - Meaning and methods (terrace farming, crop rotation, planting of shelter belts and afforestation).

6. Natural Vegetation

- Importance of forests.
- Types of vegetation (tropical evergreen, tropical deciduous, tropical desert, littoral and mountain), distribution and correlation with their environment.
- Forest conservation - meaning and methods (afforestation, reafforestation, social forestry, and farm forestry)

7. Water Resources

- Sources (Surface water and ground water).
- Need for conservation and conservation practices (Rain water harvesting and its importance).
- Irrigation: Importance and methods (wells, canals, tanks, drip irrigation, sprinkler irrigation - area, conditions and advantages).

8. Mineral and Energy Resources

- Iron ore, Manganese, Copper – uses and their distribution.
- Conventional Sources: Coal, Petroleum, Natural gas (distribution, advantages and disadvantages).
- Hydel power (Bhakra Nangal Dam and Hirakud) – location and State benefitted.
- Non-conventional Sources: Solar, wind, nuclear and biogas (location and advantages).

9. Agriculture

- Indian Agriculture – importance, problems and reforms.
- Agricultural seasons (rabi, kharif, zayad).
- Climatic conditions, soil requirements, methods of cultivation, processing and distribution of the following crops:
 - rice, wheat and pulses.
 - Sugarcane and oilseeds (groundnut and mustard).
 - Cotton and tea.

10. Manufacturing Industries

Importance and classification

- *Agro based Industry - Sugar, Textile (Cotton).*
- *Mineral based Industry – Iron & Steel (Tata Steel, Rourkela), Petro Chemical and Electronics.*

11. Transport

Importance and Modes – Roadways (National and State highways, Golden quadrilateral, NSEW corridor), Railways, Airways and Waterways – Advantages and disadvantages.

12. Waste Management

- *Need for waste management.*
- *Methods of safe disposal - segregation, dumping and composting.*
- *Need and methods for reducing, reusing and recycling waste.*

INTERNAL ASSESSMENT

PRACTICAL / PROJECT WORK

Candidates will be required to prepare a project report on any **one** topic. The topics for assignments may be selected from the list of suggested assignments given below. Candidates can also take up an assignment of their choice under any of the broad areas given below.

Suggested list of assignments:

1. Local Geography:
 - (a) Land use pattern in different regions of India– a comparative analysis.
 - (b) The survey of a local market on the types of shops and services offered.
2. Environment:
Wildlife conservation efforts in India.
3. Current Geographical Issues:
Development of tourism in India.

4. Transport in India:

Development of Road, Rail, Water and Air routes.

5. List different type of industries in the States and collect information about the types of raw materials used, modes of their procurement and disposal of wastes generated. Classify these industries as polluting or environment friendly and suggest possible ways of reducing pollution caused by these units.
6. Need for industrialization in India, the latest trends and its impact on economy of India.
7. Visit a water treatment plant, sewage treatment plant or garbage dumping or vermicomposting sites in the locality and study their working.

EVALUATION

The assignments/project work is to be evaluated by the subject teacher and by an External Examiner. (The External Examiner may be a teacher nominated by the Head of the school, who could be from the faculty, **but not teaching the subject in the section/class**. For example, a teacher of Geography of Class VIII may be deputed to be an External Examiner for Class X, Geography projects.)

The Internal Examiner and the External Examiner will assess the assignments independently.

Award of Marks

(20 Marks)

Subject Teacher (Internal Examiner)	10 marks
External Examiner	10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the school.

The Head of the school will be responsible for the online entry of marks on the Council's CAREERS portal by the due date.

INTERNAL ASSESSMENT IN GEOGRAPHY - GUIDELINES FOR MARKING WITH GRADES

Criteria	Preparation	Procedure/ Testing	Observation	Inference/Results	Presentation
Grade I (4 marks)	Gives complete theoretical information using relevant geographical terms	States the objectives and defines the aspects to be studied.	Studies text and source material and makes a list.	States theoretical information in a coherent and concise manner using geographical terminology. Uses a variety of techniques. Shows resourcefulness. Supports investigation with relevant evidence.	Neatly and correctly stated statement of intent and conclusion matches with objectives.
Grade II (3 marks)	Provides adequate information using appropriate terms.	States objectives but not the limitations of the study.	Makes a limited list of source material only from secondary sources.	Uses sound methodology-using methods suggested. Makes a valid statement about the data collected. Attempts to develop explanations using available information.	Limited use of reference material and a presentation, which is routine.
Grade III (2 marks)	States objectives using some geographical terms but mostly in descriptive terms.	Only lists the aspects to be studied.	References are minimal.	Uses methodology in which selective techniques are applied correctly. Makes descriptive statement. Analysis is limited. Relates and describes systematically the data collected. Tries to relate conclusion to original aim.	Simple and neat with correct placement of references, acknowledgements, contents, maps and diagrams.
Grade IV (1 mark)	States intent without using relevant geographical terms but explaining them correctly.	Shows evidence of what to look for and how to record the same.	Uses methodology with some techniques but is unable to systematically record data and collect information.	Makes few relevant statements. Does analyse data that is not presented or tends to copy analysis available from other sources. Makes superficial conclusions. Link between the original aim and conclusion is not clear.	Neat but lacking in correct placement of table of contents, maps, diagrams and pictures.
Grade V (0 marks)	Does not make any use of geographical terms.	Has not collected any relevant data and has not presented sources correctly.	Does not use any logical technique and does not follow the methodology suggested.	Does not analyse data. Does not use the suggested methods. Makes conclusions but does not relate them to the original aim.	Presents the report without reference.

MATHEMATICS (51)

CLASS X

There will be **one** paper of **two and a half** hours duration carrying 80 marks and Internal Assessment of 20 marks.

The paper will be divided into **two** sections, Section I (40 marks), Section II (40 marks).

Section I: Will consist of compulsory short answer questions.

Section II: Candidates will be required to answer **four** out of **seven** questions.

1. Commercial Mathematics

(i) Goods and Services Tax (GST)

Computation of tax including problems involving discounts, list-price, profit, loss, basic/cost price including inverse cases. Candidates are also expected to find price paid by the consumer after paying State Goods and Service Tax (SGST) and Central Goods and Service Tax (CGST) - the different rates as in vogue on different types of items will be provided. Problems based on corresponding inverse cases are also included.

(ii) Banking

Recurring Deposit Accounts: computation of interest and maturity value using the formula:

$$I = P \frac{n(n+1)}{2 \times 12} \times \frac{r}{100}$$

$$MV = P \times n + I$$

2. Algebra

(i) Linear Inequations

Linear Inequations in one unknown for $x \in N, W, Z, R$. Solving:

- Algebraically and writing the solution in set notation form.
- Representation of solution on the number line.

(ii) Quadratic Equations in one variable

(a) Nature of roots

- Two distinct real roots if $b^2 - 4ac > 0$
- Two equal real roots if $b^2 - 4ac = 0$
- No real roots if $b^2 - 4ac < 0$

(b) Solving Quadratic equations by:

- Factorisation
- Using Formula.

(c) Solving simple quadratic equation problems.

(iii) Ratio and Proportion

(a) Proportion, Continued proportion, mean proportion

(b) Componendo, dividendo, alternendo, invertendo properties and their combinations.

(iv) Factorisation of polynomials:

(a) Factor Theorem.

(b) Remainder Theorem.

(c) Factorising a polynomial completely after obtaining one factor by factor theorem.

Note: $f(x)$ not to exceed degree 3.

(v) Matrices

(a) Order of a matrix. Row and column matrices.

(b) Compatibility for addition and multiplication.

(c) Null and Identity matrices.

(d) Addition and subtraction of 2×2 matrices.

(e) Multiplication of a 2×2 matrix by

- a non-zero rational number
- a matrix.

(vi) Arithmetic Progression

- Finding General term.
- Finding Sum of first 'n' terms.

(vii) Co-ordinate Geometry

(a) Reflection

- (i) Reflection of a point in a line:
 $x=0, y=0, x=a, y=a$, the origin.
- (ii) Reflection of a point in the origin.
- (iii) Invariant points.

(b) Co-ordinates expressed as (x,y), Section formula, Midpoint formula, Concept of slope, equation of a line, Various forms of straight lines.

- (i) Section and Mid-point formula (Internal section only, co-ordinates of the centroid of a triangle included).

(ii) Equation of a line:

- Slope –intercept form $y = mx + c$
- Two- point form $(y-y_1) = m(x-x_1)$
Geometric understanding of 'm' as slope/ gradient/ $\tan\theta$ where θ is the angle the line makes with the positive direction of the x axis.
Geometric understanding of 'c' as the y-intercept/the ordinate of the point where the line intercepts the y axis/ the point on the line where $x=0$.
- Conditions for two lines to be parallel or perpendicular.

Simple applications of all the above.

3. Geometry

(a) Similarity

Similarity, conditions of similar triangles.

- (i) Comparison with congruency, keyword being proportionality.
- (ii) Three conditions: SSS, SAS, AA. Simple applications (proof not included).

(b) Circles

(i) Angle Properties

- The angle that an arc of a circle subtends at the centre is double that which it subtends at any point on the remaining part of the circle.
- Angles in the same segment of a circle are equal (without proof).
- Angle in a semi-circle is a right angle.

(ii) Cyclic Properties:

- Opposite angles of a cyclic quadrilateral are supplementary.
- The exterior angle of a cyclic quadrilateral is equal to the opposite interior angle (without proof).

(iii) Tangent and Secant Properties:

- The tangent at any point of a circle and the radius through the point are perpendicular to each other.
- If two circles touch, the point of contact lies on the straight line joining their centres.
- From any point outside a circle, two tangents can be drawn, and they are equal in length.
- If two chords intersect internally or externally then the product of the lengths of the segments are equal.
- If a chord and a tangent intersect externally, then the product of the lengths of segments of the chord is equal to the square of the length of the tangent from the point of contact to the point of intersection.
- If a line touches a circle and from the point of contact, a chord is drawn, the angles between the tangent and the chord are respectively equal to the angles in the corresponding alternate segments.

Note:

- Proofs of all Theorems EXCLUDED.
- Only application of all Circle Theorems in solving numerical problems are included.

4. Mensuration

Area and volume of solids – Cylinder and Cone.

Three-dimensional solids - right circular cylinder and right circular cone: Area (total surface and curved surface) and Volume. Direct application problems including cost, Inner and Outer volume and melting and recasting method to find the volume or surface area of a new solid. Combination of solids included.

Note: Problems on Frustum are not included.

5. Trigonometry

(a) *Using Identities to solve/prove simple algebraic trigonometric expressions*

$$\sin^2 A + \cos^2 A = 1$$

$$1 + \tan^2 A = \sec^2 A$$

$$1 + \cot^2 A = \operatorname{cosec}^2 A; 0 \leq A \leq 90^\circ$$

(b) *Heights and distances: Solving 2-D problems involving angles of elevation and depression using trigonometric tables.*

Note: Cases involving more than two right angled triangles excluded.

6. Statistics

Statistics – basic concepts, Mean, Median, Mode. Histograms and Ogive.

(a) *Computation of:*

- *Measures of Central Tendency: Mean*, median class and modal class for continuous grouped data.*

- ** Mean by any method*

$$\text{Direct} \quad : \quad \frac{\sum fx}{\sum f}$$

$$\text{Short-cut} \quad : \quad A + \frac{\sum fd}{\sum f} \text{ where } d = x - A$$

$$\text{Step-deviation: } A + \frac{\sum ft}{\sum f} \times i \text{ where } t = \frac{x - A}{i}$$

(b) *Graphical Representation. Histograms and Less than Ogive.*

- *Finding the mode from the histogram, the upper quartile, lower Quartile and median etc. from the ogive.*
- *Calculation of inter Quartile range.*

7. Probability

Random experiments, Sample space, Events, definition of probability, Simple problems on single events.

SI UNITS, SIGNS, SYMBOLS AND ABBREVIATIONS

(1) Agreed conventions

- Units may be written in full or using the agreed symbols, but no other abbreviation may be used.
- The letter 's' is never added to symbols to indicate the plural form.
- A full stop is not written after symbols for units unless it occurs at the end of a sentence.
- When unit symbols are combined as a quotient, e.g., metre per second, it is recommended that it should be written as m/s, or as m s^{-1} .
- Three decimal signs are in common international use: the full point, the mid-point and the comma. Since the full point is sometimes used for multiplication and the comma for spacing digits in large numbers, it is recommended that the mid-point be used for decimals.

(2) Names and symbols

In general			
Implies that	\Rightarrow	is logically equivalent to	\Leftrightarrow
Identically equal to	\equiv	is approximately equal to	\gg
In set language			
Belongs to	\in	does not belong to	\notin
is equivalent to	\leftrightarrow	is not equivalent to	\nleftrightarrow
union	\cup	intersection	\cap
universal set	ξ	is contained in	\subset
natural (counting) numbers	\mathbb{N}	the empty set	\emptyset
integers	\mathbb{Z}	whole numbers	\mathbb{W}
		real numbers	\mathbb{R}
In measures			
Kilometre	km	Metre	m
Centimetre	cm	Millimetre	mm
Kilogram	kg	Gram	g
Litre	L	Centilitre	cL
square kilometre	km ²	Square meter	m ²
square centimetre	cm ²	Hectare	ha
cubic metre	m ³	Cubic centimetre	cm ³
kilometres per hour	km/h	Metres per second	m/s

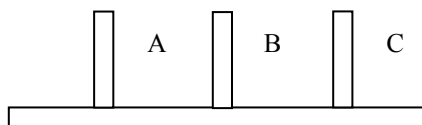
INTERNAL ASSESSMENT

The minimum number of assignments: Two assignments as prescribed by the teacher.

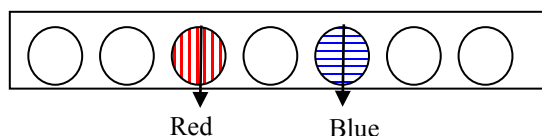
Suggested Assignments

- Comparative newspaper coverage of different items.
- Survey of various types of Bank accounts, rates of interest offered.
- Planning a home budget.
- Conduct a survey in your locality to study the mode of conveyance / Price of various essential commodities / favourite sports. Represent the data using a bar graph / histogram and estimate the mode.
- To use a newspaper to study and report on shares and dividends.
- Set up a dropper with ink in it vertical at a height say 20 cm above a horizontally placed sheet of plain paper. Release one ink drop; observe the pattern, if any, on the paper. Vary the vertical distance and repeat. Discover any pattern of relationship between the vertical height and the ink drop observed.

- You are provided (or you construct a model as shown) - three vertical sticks (size of a pencil) stuck to a horizontal board. You should also have discs of varying sizes with holes (like a doughnut). Start with one disc; place it on (in) stick A. Transfer it to another stick (B or C); this is one move (m). Now try with two discs placed in A such that the large disc is below, and the smaller disc is above (number of discs = $n=2$ now). Now transfer them one at a time in B or C to obtain similar situation (larger disc below). How many moves? Try with more discs ($n = 1, 2, 3$, etc.) and generalise.



- The board has some holes to hold marbles, red on one side and blue on the other. Start with one pair. Interchange the positions by making one move at a time. A marble can jump over another to fill the hole behind. The move (m) equal 3. Try with 2 ($n=2$) and more. Find the relationship between n and m .



- Take a square sheet of paper of side 10 cm. Four small squares are to be cut from the corners of the square sheet and then the paper folded at the cuts to form an open box. What should be the size of the squares cut so that the volume of the open box is maximum?
- Take an open box, four sets of marbles (ensuring that marbles in each set are of the same size) and some water. By placing the marbles and water in the box, attempt to answer the question: do larger marbles or smaller marbles occupy more volume in a given space?
- An eccentric artist says that the best paintings have the same area as their perimeter (numerically). Let us not argue whether such

sizes increase the viewer's appreciation, but only try and find what sides (in integers only) a rectangle must have if its area and perimeter are to be equal (Note: there are only two such rectangles).

- Find by construction the centre of a circle, using only a 60-30 set-square and a pencil.
- Various types of "cryptarithm".

EVALUATION

The assignments/project work are to be evaluated by the subject teacher and by an External Examiner. (The External Examiner may be a teacher nominated by the Head of the school, who could be from the faculty, **but not teaching the subject in the section/class**. For example, a teacher of Mathematics of Class VIII may be deputed to be an External Examiner for Class X, Mathematics projects.)

The Internal Examiner and the External Examiner will assess the assignments independently.

Award of Marks (20 Marks)

Subject Teacher (Internal Examiner) 10 marks

External Examiner 10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the school.

The Head of the school will be responsible for the online entry of marks on the Council's CAREERS portal by the due date.

INTERNAL ASSESSMENT IN MATHEMATICS - GUIDELINES FOR MARKING WITH GRADES

Criteria	Preparation	Concepts	Computation	Presentation	Understanding	Marks
Grade I	Exhibits and selects a well-defined problem. Appropriate use of techniques.	Admirable use of mathematical concepts and methods and exhibits competency in using extensive range of mathematical techniques.	Careful and accurate work with appropriate computation, construction and measurement with correct units.	Presents well stated conclusions; uses effective mathematical language, symbols, conventions, tables, diagrams, graphs, etc.	Shows strong personal contribution; demonstrate knowledge and understanding of assignment and can apply the same in different situations.	4 marks for each criterion
Grade II	Exhibits and selects routine approach. Fairly good techniques.	Appropriate use of mathematical concepts and methods and shows adequate competency in using limited range of techniques.	Commits negligible errors in computation, construction and measurement.	Some statements of conclusions; uses appropriate math language, symbols, conventions, tables, diagrams, graphs, etc.	Neat with average amount of help; assignment shows learning of mathematics with a limited ability to use it.	3 marks for each criterion
Grade III	Exhibits and selects trivial problems. Satisfactory techniques.	Uses appropriate mathematical concepts and shows competency in using limited range of techniques.	Commits a few errors in computation, construction and measurement.	Assignment is presentable though it is disorganized in some places.	Lack of ability to conclude without help; shows some learning of mathematics with a limited ability to use it.	2 marks for each criterion
Grade IV	Exhibits and selects an insignificant problem. Uses some unsuitable techniques.	Uses inappropriate mathematical concepts for the assignment.	Commits many mistakes in computation, construction and measurement.	Presentation made is somewhat disorganized and untidy.	Lack of ability to conclude even with considerable help; assignment contributes to mathematical learning to a certain extent.	1 mark for each criterion
Grade V	Exhibits and selects a completely irrelevant problem. Uses unsuitable techniques.	Not able to use mathematical concepts.	Inaccurate computation, construction and measurement.	Presentation made is completely disorganized, untidy and poor.	Assignment does not contribute to mathematical learning and lacks practical applicability.	0 mark

SCIENCE (52)
PHYSICS
SCIENCE Paper - 1
CLASS X

There will be one paper of two hours duration carrying 80 marks and Internal Assessment of practical work carrying 20 marks.

The paper will be divided into two sections, Section I (40 marks) and Section II (40 marks).

Section I (compulsory) will contain short answer questions on the entire syllabus.

Section II will contain six questions. Candidates will be required to answer any **four** of these **six** questions.

Note: Unless otherwise specified, only SI Units are to be used while teaching and learning, as well as for answering questions.

1. Force, Work, Power and Energy

- (i) Turning forces concept; moment of a force; forces in equilibrium; centre of gravity; [discussions using simple examples and simple numerical problems].

Elementary introduction of translational and rotational motions; moment (turning effect) of a force, also called torque and its cgs and SI units; common examples - door, steering wheel, bicycle pedal, etc.; clockwise and anti-clockwise moments; conditions for a body to be in equilibrium (translational and rotational); principle of moment and its verification using a metre rule suspended by two spring balances with slotted weights hanging from it; simple numerical problems; Centre of gravity (qualitative only) with examples of some regular bodies and irregular lamina.

- (ii) Uniform circular motion.

As an example of constant speed, though acceleration (force) is present. Differences between centrifugal and centripetal force.

- (iii) Work, energy, power and their relation with force.

Definition of work. $W = FS \cos\theta$; special cases of $\theta = 0^\circ, 90^\circ$. $W = mgh$. Definition of energy, energy as work done. Various units of work and energy and their relation with SI units. [erg, calorie, kW h and eV].

Definition of Power, $P=W/t$; SI and cgs units; other units, kilowatt (kW), megawatt (MW) and gigawatt (GW); and horsepower (1hp=746W) [Simple numerical problems on work, power and energy].

- (iv) Different types of energy (e.g., chemical energy, Mechanical energy, heat energy, electrical energy, nuclear energy, sound energy, light energy).

Mechanical energy: potential energy $U = mgh$ (derivation included) gravitational PE, examples; kinetic energy $K = \frac{1}{2} mv^2$ (derivation included); forms of kinetic energy: translational, rotational and vibrational - only simple examples. [Numerical problems on K and U only in case of translational motion]; qualitative discussions of electrical, chemical, heat, nuclear, light and sound energy, conversion from one form to another; common examples.

- (v) Machines as force multipliers; load, effort, mechanical advantage, velocity ratio and efficiency; pulley systems showing the utility of each type of machine.

Functions and uses of simple machines: Terms- effort E, load L, mechanical advantage $MA = L/E$, velocity ratio $VR = V_E/V_L = d_E/d_L$, input (W_i), output (W_o), efficiency (η), relation between η and MA, VR (derivation included); for all practical machines $\eta < 1$; $MA < VR$.

Pulley system: single fixed, single movable, block and tackle (Pulleys using single tackle); MA, VR and η in each case.

- (vi) Principle of Conservation of energy.

Statement of the principle of conservation of energy; theoretical verification that $U + K = \text{constant}$ for a freely falling body. Application of this law to simple pendulum (qualitative only); [simple numerical problems].

2. Light

- (i) Refraction of light through a glass block and a triangular prism - qualitative treatment of simple applications such as real and apparent depth of objects in water and apparent bending of sticks in water. Applications of refraction of light.

Partial reflection and refraction due to change in medium. Laws of refraction; the effect on speed (V), wavelength (λ) and frequency (f) due to refraction of light; conditions for a light ray to pass undeviated. Values of speed of light (c) in vacuum, air, water and glass; refractive index $\mu = c/V$, $V = f\lambda$. Values of μ for common substances such as water, glass and diamond; experimental verification; refraction through glass block; lateral displacement; refraction through a glass prism, simple applications: real and apparent depth of objects in water; apparent bending of a stick under water. Simple numerical problems and approximate ray diagrams required.

- (ii) Total internal reflection: Critical angle; examples in triangular glass prisms; comparison with reflection from a plane mirror (qualitative only). Applications of total internal reflection.

Transmission of light from a denser medium (glass/water) to a rarer medium (air) at different angles of incidence; critical angle (C) $\mu = 1/\sin C$. Essential conditions for total internal reflection. Total internal reflection in a triangular glass prism; ray diagram, different cases - angles of prism ($60^\circ, 60^\circ, 60^\circ$), ($60^\circ, 30^\circ, 90^\circ$), ($45^\circ, 45^\circ, 90^\circ$); use of right-angle prism to obtain $\delta = 90^\circ$ and 180° (ray diagram); comparison of total internal reflection from a prism and reflection from a plane mirror.

- (iii) Lenses (converging and diverging) including characteristics of the images formed (using ray diagrams only); magnifying glass; location of images using ray diagrams and thereby determining magnification.

Types of lenses (converging and diverging), convex and concave, action of a lens as a set of prisms; technical terms; centre of curvature, radii of curvature, principal axis, foci, focal plane and focal length; detailed study of refraction of light in spherical lenses through ray diagrams; formation of

images - principal rays or construction rays; location of images from ray diagram for various positions of a small linear object on the principal axis; characteristics of images. Sign convention and direct numerical problems using the lens formula are included (derivation of formula not required).

Scale drawing or graphical representation of ray diagrams not required.

Power of a lens (concave and convex) – only definition and basic understanding based on the curvature or thickness of lens. Applications of lenses.

- (iv) Using a triangular prism to produce a visible spectrum from white light, Electromagnetic spectrum.

Deviation produced by a triangular prism; dependence on colour (wavelength) of light; dispersion and spectrum; electromagnetic spectrum: broad classification (names only arranged in order of increasing wavelength); properties common to all electromagnetic radiations; properties and uses of infrared and ultraviolet radiation.

3. Sound

- (i) Reflection of Sound Waves; echoes: their use; simple numerical problems on echoes.

Production of echoes, condition for formation of echoes; simple numerical problems; use of echoes by bats, dolphins, fishermen, medical field. SONAR.

- (ii) Natural vibrations, Damped vibrations, Forced vibrations and Resonance - a special case of forced vibrations. Meaning and simple applications of natural, damped, forced vibrations and resonance.

- (iii) Loudness, pitch and quality of sound

Definition of each of the characteristics and factors affecting them.

4. Electricity and Magnetism

- (i) Ohm's Law; concepts of emf, potential difference, resistance; resistances in series and parallel, internal resistance.

Concepts of pd (V), current (I), resistance (R) and charge (Q). Ohm's law: statement, $V=IR$; SI units; graph of V vs I and resistance from slope; ohmic and non-ohmic resistors, factors affecting resistance

(including specific resistance) and internal resistance; super conductors, electromotive force (emf); combination of resistances in series and parallel. Simple numerical problems using the above relations. (Simple network of resistors including not more than four external resistors. Internal resistance may be included).

(ii) Electrical power and energy.

Electrical energy; examples of heater, motor, lamp, loudspeaker, etc. Electrical power; measurement of electrical energy, $W = QV = VIt$ from the definition of pd. Combining with ohm's law $W = VIt = I^2 Rt = (V^2/R)t$ and electrical power $P = (W/t) = VI = I^2R = V^2/R$. Units: SI and commercial; Power rating of common appliances, household consumption of electric energy; calculation of total energy consumed by electrical appliances; $W = Pt$ (kilowatt \times hour = kW h) - simple numerical problems.

(iii) Household circuits – main circuit; switches; fuses; earthing; safety precautions; three-pin plugs; colour coding of wires.

House wiring (ring system) (diagrammatic representation excluded), main circuit (3 wires-live, neutral, earth) with fuse / MCB, main switch and its advantages, need for earthing, fuse, 3-pin plug and socket; Conventional location of live, neutral and earth points in 3 pin plugs and sockets. Safety precautions, colour coding of wires.

(iv) Magnetic effect of a current (principles only, laws not required); electromagnetic induction (elementary).

Oersted's experiment on the magnetic effect of electric current; magnetic field (B) and field lines due to current in a straight wire (qualitative only), right hand thumb rule – magnetic field due to a current in a loop; Electromagnets: their uses; comparisons with a permanent magnet; conductor carrying current in a magnetic field experiences a force, Fleming's Left Hand Rule and its understanding, Simple introduction to electromagnetic induction; a magnet moved along the axis of a solenoid induces current, Fleming's Right Hand Rule and its application in understanding the direction of current in a coil and Lenz's law, Comparison of AC and DC.

5. Heat

- (i) Calorimetry: meaning, specific heat capacity; principle of method of mixtures; Numerical Problems on specific heat capacity using heat loss and gain and the method of mixtures.

Heat and its units (calorie, joule), temperature and its units ($^{\circ}C$, K); thermal (heat) capacity $C' = Q/\Delta T...$ (SI unit of C'): Specific heat Capacity $C = Q/m\Delta T$ (SI unit of C) Mutual relation between Heat Capacity and Specific Heat capacity, values of C for some common substances (ice, water and copper). Principle of method of mixtures including mathematical statement. Natural phenomenon involving specific heat. Consequences of high specific heat of water. [Simple numerical problems].

- (ii) Latent heat; loss and gain of heat involving change of state for fusion only.

Change of phase (state); heating curve for water; latent heat; specific latent heat of fusion (SI unit). Simple numerical problems. Common physical phenomena involving latent heat of fusion.

6. Modern Physics

Radioactivity and changes in the nucleus; background radiation and safety precautions.

Brief introduction (qualitative only) of the nucleus, nuclear structure, atomic number (Z), mass number (A). Radioactivity as spontaneous disintegration. α , β and γ - their nature and properties; changes within the nucleus. One example each of α and β decay with equations showing changes in Z and A. Uses of radioactivity - radio isotopes. Harmful effects. Safety precautions. Background radiation.

Radiation: X-rays; radioactive fallout from nuclear plants and other sources.

Nuclear Energy: working on safe disposal of waste. Safety measures to be strictly reinforced.

A NOTE ON SI UNITS

SI units (*Système International d'Unités*) were adopted internationally in 1968.

Fundamental units

The system has seven fundamental (or basic) units, one for each of the fundamental quantities.

Fundamental quantity	Unit	
	Name	Symbol
Mass	kilogram	kg
Length	metre	m
Time	second	s
Electric current	ampere	A
Temperature	kelvin	K
Luminous intensity	candela	cd
Amount of substance	mole	mol

Derived units

These are obtained from the fundamental units by multiplication or division; no numerical factors are involved. Some derived units with complex names are:

Derived quantity	Unit	
	Name	Symbol
Volume	cubic metre	m ³
Density	kilogram per cubic metre	kg m ⁻³
Velocity	metre per second	m s ⁻¹
Acceleration	metre per second square	m s ⁻²
Momentum	kilogram metre per second	kg m s ⁻¹

Some derived units are given special names due to their complexity when expressed in terms of the fundamental units, as below:

Derived quantity	Unit	
	Name	Symbol
Force	newton	N
Pressure	pascal	Pa
Energy, Work	joule	J
Power	watt	W
Frequency	hertz	Hz
Electric charge	coulomb	C
Electric resistance	ohm	Ω
Electromotive force	volt	V

When the unit is named after a person, the *symbol* has a capital letter.

Standard prefixes

Decimal multiples and submultiples are attached to units when appropriate, as below:

Multiple	Prefix	Symbol
10 ⁹	giga	G
10 ⁶	mega	M
10 ³	kilo	k
10 ⁻¹	deci	d
10 ⁻²	centi	c
10 ⁻³	milli	m
10 ⁻⁶	micro	μ
10 ⁻⁹	nano	n
10 ⁻¹²	pico	p
10 ⁻¹⁵	femto	f

INTERNAL ASSESSMENT OF PRACTICAL WORK

Candidates will be asked to carry out experiments for which instructions will be given. The experiments may be based on topics that are not included in the syllabus, but theoretical knowledge will not be required. A candidate will be expected to be able to follow simple instructions, to take suitable readings and to present these readings in a systematic form. He/she may be required to exhibit his/her data graphically. Candidates will be expected to appreciate and use the concepts of least count, significant figures and elementary error handling.

Note: Teachers may design their own set of experiments, preferably related to the theory syllabus. A comprehensive list is suggested below:

1. Lever - There are many possibilities with a meter rule as a lever with a load (known or unknown) suspended from a point near one end (say left), the lever itself pivoted on a knife edge, use slotted weights suspended from the other (right) side for effort.

Determine the mass of a metre rule using a spring balance or by balancing it on a knife edge at some point away from the middle and a 50g weight on the other side. Next pivot (F) the metre rule at the 40cm, 50cm and 60cm mark, each time suspending a load L or the left end and effort E near the right end. Adjust E and or its

- position so that the rule is balanced. Tabulate the position of L, F and E and the magnitudes of L and E and the distances of load arm and effort arm. Calculate $MA=L/E$ and $VR = \text{effort arm/load arm}$. It will be found that $MA < VR$ in one case, $MA=VR$ in another and $MA > VR$ in the third case. Try to explain why this is so. Also try to calculate the real load and real effort in these cases.
- Determine the VR and MA of a given pulley system.
 - Trace the course of different rays of light refracting through a rectangular glass slab at different angles of incidence, measure the angles of incidence, refraction and emergence. Also measure the lateral displacement.
 - Determine the focal length of a convex lens by (a) the distant object method and (b) using a needle and a plane mirror.
 - Determine the focal length of a convex lens by using two pins and formula $f = uv/(u+v)$.
 - For a triangular prism, trace the course of rays passing through it, measure angles i_1 , i_2 , A and δ . Repeat for four different angles of incidence (say $i_1=40^\circ$, 50° , 60° and 70°). Verify $i_1 + i_2 = A + \delta$ and $A = r_1 + r_2$.
 - For a ray of light incident normally ($i_1=0$) on one face of a prism, trace course of the ray. Measure the angle δ . Explain briefly. Do this for prisms with $A=60^\circ$, 45° and 90° .
 - Calculate the sp. heat of the material of the given calorimeter, from the temperature readings and masses of cold water, warm water and its mixture taken in the calorimeter.

- Determination of sp. heat of a metal by method of mixtures.
- Determination of specific latent heat of ice.
- Using as simple electric circuit, verify Ohm's law. Draw a graph and obtain the slope.
- Set up model of household wiring including ring main circuit. Study the function of switches and fuses.

Note: Teachers may feel free to alter or add to the above list. The students may perform about 3 to 5 experiments.

EVALUATION

The practical work/project work are to be evaluated by the subject teacher and by an External Examiner. (The External Examiner may be a teacher nominated by the Head of the school, who could be from the faculty, **but not teaching the subject in the relevant section/class**. For example, a teacher of Physics of Class VIII may be deputed to be an External Examiner for Class X, Physics projects.)

The Internal Examiner and the External Examiner will assess the practical work/project work independently.

Award of Marks (20 Marks)

Subject Teacher (Internal Examiner)	10 marks
External Examiner	10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the school.

The Head of the school will be responsible for the online entry of marks on the Council's CAREERS portal by the due date.

SCIENCE (52)
CHEMISTRY
SCIENCE Paper - 2

CLASS X

There will be one paper of **two hours** duration of 80 marks and Internal Assessment of practical work carrying 20 marks.

The paper will be divided into **two** sections, Section I (40 marks) and Section II (40 marks).

Section I (compulsory) will contain short answer questions on the entire syllabus.

Section II will contain **six** questions. Candidates will be required to answer any **four** of these **six** questions.

Note: All chemical process/reactions should be studied with reference to the reactants, products, conditions, observation, the (balanced) equations and diagrams.

1. Periodic Properties and variations of Properties

- (i) Periodic properties and their variations in groups and periods.

Definitions and trends of the following periodic properties in groups and periods should be studied:

- atomic size
- metallic character
- non-metallic character
- ionisation potential
- electron affinity
- electronegativity

- (ii) Periodicity on the basis of atomic number for elements.

- The study of modern periodic table up to period 4 and Group 2 [IIA] (students to be exposed to the complete modern periodic table but no questions will be asked on elements beyond period 4 – Calcium)
- Periodicity and other related properties to be explained on the basis of nuclear charge and shells (not orbitals).

(Special reference to the alkali metals, alkaline earth metals, halogen groups and inert gases).

2. Chemical Bonding

Electrovalent, covalent and co-ordinate bonding, structures of various compounds, Electron dot structure.

- (a) Electrovalent bonding:

- Electron dot structure of Electrovalent compounds NaCl, MgCl₂, CaO.
- Characteristic properties of electrovalent compounds – state of existence, melting and boiling points, conductivity (heat and electricity), dissociation in solution and in molten state to be linked with electrolysis.

- (b) Covalent Bonding:

- Electron dot structure of non-polar covalent molecules on the basis of duplet and octet of electrons (example: hydrogen, chlorine, oxygen, nitrogen, carbon tetrachloride and methane.
 - Polar Covalent compounds – based on difference in electronegativity:
Examples – HCl, NH₃ and H₂O including electron dot structures.
 - Characteristic properties of Covalent compounds – state of existence, melting and boiling points, conductivity (heat and electricity), ionisation in solution.
- Comparison of Electrovalent and Covalent compounds.**

- (c) Coordinate Bonding:

- Definition
- The lone pair effect of the oxygen atom of the water molecule and the nitrogen atom of the ammonia molecule to explain the formation of H₃O⁺ and OH⁻ ions in water and NH₄⁺ ion.

The meaning of lone pair; the formation of hydronium ion and ammonium ion must be explained with help of electron dot diagrams.

3. Study of Acids, Bases and Salts

- (i) Simple definitions in terms of the molecules, their classification and characteristic properties.

- (ii) Ions present in mineral acids, alkalis and salts and their solutions; use of common acid - base indicators and universal indicator, pH paper to test for acidity and alkalinity.

- *Examples with equation for the ionisation/dissociation of ions of acids, bases and salts.*
- *Acids form hydronium ions (only positive ions) and alkalis form hydroxyl ions (only negative ions) with water and their effect on indicators.*
- *Definitions - Salts are formed by partial or complete replacement of the hydrogen ion of an acid by a metal or Ionic definition of salt (To be explained with suitable examples).*
- *Introduction to pH scale to test for acidity, neutrality and alkalinity by using pH paper or Universal indicator.*
- *Types of salts: normal salts, acid salt, basic salt, definition and examples.*

4. Analytical Chemistry

- (i) Action of Ammonium Hydroxide and Sodium Hydroxide on solution of salts: colour of salt and its solution; formation and colour of hydroxide precipitated from salt solutions of Ca, Fe, Cu, Zn and Pb; special action of ammonium hydroxide on solutions of copper salt and sodium hydroxide on ammonium salts.

On solution of salts:

- *Colour of salt and its solution.*
- *Action on addition of Sodium Hydroxide to solution of Ca, Fe, Cu, Zn, and Pb salts drop by drop in excess. Formation and colour of hydroxide precipitated to be highlighted with the help of equations.*
- *Action on addition of Ammonium Hydroxide to solution of Ca, Fe, Cu, Zn, and Pb salts drop by drop in excess. Formation and colour of hydroxide precipitated to be highlighted with the help of equations.*
- *Special action of Ammonium Hydroxide on solutions of copper salts and sodium hydroxide on ammonium salts.*

- (ii) Action of caustic alkalis (*NaOH, KOH*) on aluminium their oxides and hydroxides.

Self explanatory.

5. Mole Concept and Stoichiometry

Vapour Density and its relation to relative molecular mass:

- *Molecular mass = 2 × vapour density (formal proof not required)*
- *Deduction of simple (empirical) and molecular formula from:*
 - (a) the percentage composition of a compound.*
 - (b) the masses of combining elements.*

6. Electrolysis

- (i) Electrolytes and non-electrolytes.

Definitions and examples.

- (ii) Substances containing molecules only, ions only, both molecules and ions.

- *Substances containing molecules only ions only, both molecules and ions.*
- *Examples; relating their composition with their behaviour as **strong and weak electrolytes as well as non-electrolytes.***

- (iii) Definition and explanation of electrolysis, electrolyte, electrode, anode, cathode, anion, cation, oxidation and reduction (on the basis of loss and gain of electrons).

- (iv) An elementary study of the migration of ions, with reference to the factors influencing selective discharge of ions (reference should be made to the activity series as indicating the tendency of metals, e.g. Na, Mg, Fe, Cu, to form ions) illustrated by the electrolysis of:

- *Molten lead bromide*
- *acidified water with platinum electrodes*
- *Aqueous copper (II) sulphate with active and inert electrodes; electron transfer at the electrodes.*

The above electrolytic processes can be studied in terms of electrolyte used, electrodes used, ionization reaction, anode reaction, cathode reaction, use of selective discharge theory, wherever applicable.

- (v) Applications of electrolysis.

- *Electroplating with nickel and silver, choice of electrolyte for electroplating.*
- *Electro refining of copper.*

Reasons and conditions for electroplating; names of the electrolytes and the electrodes used should be given. Equations for the reactions at the electrodes should be given for electroplating, refining of copper.

7. Metallurgy

(i) Occurrence of metals in nature:

- Mineral and ore - Meaning only.
- Common ores of iron, aluminium and zinc.

(ii) Extraction of Aluminium.

(a) Chemical method for purifying bauxite by using NaOH – Bayer's Process.

(b) Electrolytic extraction – Hall Heroult's process:

Structure of electrolytic cell - the various components as part of the electrolyte, electrodes and electrode reactions.

Description of the changes occurring, purpose of the substances used and the main reactions with their equations.

(iii) Alloys

Definition, alloys of Aluminium (only constituent elements), properties and uses.

8. Study of Compounds

A. Hydrogen Chloride

Hydrogen chloride: preparation of hydrogen chloride from sodium chloride; refer to the density and solubility of hydrogen chloride (fountain experiment); reaction with ammonia; acidic properties of its solution.

- Preparation of hydrogen chloride from sodium chloride; the laboratory method of preparation can be learnt in terms of reactants, product, condition, equation, diagram or setting of the apparatus, procedure, observation, precaution, collection of the gas and identification (Tests).
- Simple experiment to show the density of the gas (Hydrogen Chloride) – heavier than air.
- Solubility of hydrogen chloride (fountain experiment); setting of the apparatus, procedure, observation, inference.
- Method of preparation of hydrochloric acid by dissolving the gas in water- the special arrangement and the

mechanism by which the back suction is avoided should be learnt.

- Reaction with ammonia
- Acidic properties of its solution - reaction with metals, their oxides, hydroxides and carbonates to give their chlorides; decomposition of carbonates, hydrogen carbonates, sulphides, sulphites.
- Precipitation reactions with silver nitrate solution and lead nitrate solution.

B. Ammonia

Ammonia: its laboratory preparation from ammonium chloride and collection; ammonium salts. Manufacture by Haber's Process; density and solubility of ammonia (fountain experiment); aqueous solution of ammonia; its reactions with hydrogen chloride and with hot copper (II) oxide; lead monoxide (PbO) and chlorine; the burning of ammonia in oxygen; uses of ammonia.

- Laboratory preparation from ammonium chloride and collection; (the preparation to be studied in terms of, setting of the apparatus and diagram, procedure, observation, collection and identification (Tests)).

Ammonia from ammonium salts using alkalies.

The reactions to be studied in terms of reactants, products, conditions and equations.

- Manufacture by Haber's Process.
- Density and solubility of ammonia (fountain experiment).
- The burning of ammonia in oxygen.
- The catalytic oxidation of ammonia (with conditions and reaction)
- Its reactions with hydrogen chloride and with hot copper (II) oxide, lead monoxide (PbO) and chlorine (both chlorine in excess and ammonia in excess).

All these reactions may be studied in terms of reactants, products, conditions, equations and observations.

- Aqueous solution of ammonia - reaction with sulphuric acid, nitric acid, hydrochloric acid and solutions of iron(III) chloride, iron(II) sulphate,

lead nitrate, zinc nitrate and copper sulphate.

C. Nitric Acid

Nitric Acid: one laboratory method of preparation of nitric acid from potassium nitrate or sodium nitrate. Large scale preparation. Nitric acid as an oxidizing agent.

- *Laboratory preparation of nitric acid from potassium nitrate or sodium nitrate; the laboratory method to be studied in terms of reactants, products, conditions, equations, setting up of apparatus, diagram, precautions, collection and identification. (Tests)*
- *Manufacture of Nitric acid by Ostwald's process (Only equations with conditions where applicable).*
- *As an oxidising agent: its reaction with copper, carbon, sulphur.*

D. Sulphuric Acid

Large scale preparation, its behaviour as an acid when dilute, as an oxidizing agent when concentrated - oxidation of carbon and sulphur; as a dehydrating agent - dehydration of sugar and copper (II) sulphate crystals; its non-volatile nature.

- *Manufacture by Contact Process Equations with conditions where applicable).*
- *Its behaviour as an acid when dilute - reaction with metal, metal oxide, metal hydroxide, metal carbonate, metal bicarbonate, metal sulphite, metal sulphide.*
- *Concentrated sulphuric acid as an oxidizing agent - the oxidation of carbon and sulphur.*
- *Concentrated sulphuric acid as a dehydrating agent- (a) the dehydration of sugar (b) Copper (II) sulphate crystals.*
- *Non-volatile nature of sulphuric acid - reaction with sodium or potassium chloride and sodium or potassium nitrate.*
- *Identification and Tests for both dilute and concentrated sulphuric acid.*

9. Organic Chemistry

(i) Introduction to Organic compounds.

- *Unique nature of Carbon atom – tetra valency, catenation.*
- *Formation of single, double and triple bonds, straight chain, branched chain, cyclic compounds (only benzene).*

(ii) Structure and Isomerism.

- *Structure of compounds with single, double and triple bonds.*
- *Structural formulae of hydrocarbons. Structural formula must be given for: alkanes, alkenes, alkynes up to 5 carbon atoms.*
- *Isomerism – structural (chain, position)*

(iii) Homologous series – characteristics with examples.

Alkane, alkene, alkyne series and their gradation in properties and the relationship with the molecular mass or molecular formula.

(iv) Simple nomenclature.

Simple nomenclature of the hydrocarbons with simple functional groups – (double bond, triple bond, alcoholic, aldehydic, carboxylic group) longest chain rule and smallest number for functional groups rule – trivial and IUPAC names (compounds with only one functional group).

(v) Hydrocarbons: alkanes, alkenes, alkynes.

- *Alkanes - general formula; methane (greenhouse gas). Complete combustion of methane and ethane, reaction of methane and ethane with chlorine through substitution.*
- *Alkenes – (unsaturated hydrocarbons with a double bond); ethene as an example.*
- *Alkynes - (unsaturated hydrocarbons with a triple bond); ethyne as an example of alkyne.*

Only main properties, particularly addition products with hydrogen and halogen namely Cl₂, Br₂ and I₂ pertaining to alkenes and alkynes.

INTERNAL ASSESSMENT OF PRACTICAL WORK

Candidates will be asked to observe the effect of reagents and/or of heat on substances supplied to them. The exercises will be simple and may include the recognition and identification of certain gases and ions listed below. The examiners will not, however, be restricted in their choice to substances containing the listed ions.

Gases: Hydrogen, Oxygen, Carbon dioxide, Chlorine, Hydrogen chloride, Sulphur dioxide, Hydrogen sulphide, Ammonia, Water vapour, Nitrogen dioxide.

Ions: Calcium, Copper, Iron, Lead, Zinc and Ammonium, Carbonate, Chloride, Nitrate, Sulphide, Sulphite and Sulphate.

Knowledge of a formal scheme of analysis is not required. Semi-micro techniques are acceptable but candidates using such techniques may need to adapt the instructions given to suit the size of the apparatus being used.

Candidates are expected to have completed the following minimum practical work:

1. Action of heat on the following substances:

- (a) Copper carbonate, zinc carbonate
- (b) Zinc nitrate, copper nitrate, lead nitrate
- (c) Hydrated copper sulphate

Make observations, identify the products and make deductions where possible (equations not required).

2. Make a solution of the unknown substance: add sodium hydroxide solution or ammonium

hydroxide solution, make observations and give your deduction. Warming the mixture may be needed. Choose from substances containing Ca^{2+} , Cu^{2+} , Fe^{2+} , Fe^{3+} , Pb^{2+} , Zn^{2+} , NH_4^+ .

- 3. Supply a solution of a dilute acid and alkali. Determine which is acidic and which is basic, giving two tests for each.
- 4. Add concentrated hydrochloric acid to each of the given substances, warm, make observations, identify any product and make deductions: (a) copper oxide (b) manganese dioxide.

EVALUATION

The assignments/project work are to be evaluated by the subject teacher and by an External Examiner. (The External Examiner may be a teacher nominated by the Head of the school, who could be from the faculty, **but not teaching the subject in the section/class**. For example, a teacher of Chemistry of Class VIII may be deputed to be an External Examiner for Class X Chemistry projects.)

The Internal Examiner and the External Examiner will assess the assignments independently.

Award of Marks (20 Marks)

Subject Teacher (Internal Examiner)	10 marks
External Examiner	10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the school.

The Head of the school will be responsible for the online entry of marks on the Council's CAREERS portal by the due date.

NOTE: According to the recommendation of International Union of Pure and Applied Chemistry (IUPAC), the groups are numbered from 1 to 18 replacing the older notation of groups IA ... VIIA, VIII, IB VIIB and 0. However, for the examination both notations will be accepted.

Old notation	IA	IIA	IIIB	IVB	VB	VIB	VIIB	VIII			IB	IIB	IIIA	IVA	VA	VIA	VIIA	0
New notation	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18

SCIENCE (52)
BIOLOGY
SCIENCE Paper - 3

CLASS X

There will be one paper of **two hours** duration of 80 marks and Internal Assessment of practical work carrying 20 marks.

The paper will be divided into **two** sections, Section I (40 marks) and Section II (40 marks).

Section I (compulsory) will contain short answer questions on the entire syllabus.

Section II will contain **six** questions. Candidates will be required to answer any **four** of these **six** questions.

1. Basic Biology

(i) Cell Cycle and Cell Division.

Cell cycle – Interphase (G_1 , S, G_2) and Mitotic phase.

Cell Division:

- *Mitosis and its stages.*
- *A basic understanding of Meiosis as a reduction division (stages not required).*
- *A brief idea of homologous chromosomes and crossing over leading to variations.*
- *Significance and major differences between mitotic and meiotic division.*

(ii) Structure of chromosome.

Basic structure of chromosome with elementary understanding of terms such as chromatin, chromatid, gene structure of DNA and centromere.

(iii) Genetics: Mendel's laws of inheritance.

- *The three laws of Mendel.*
- *Monohybrid cross – phenotype and genotype. Mendel's experiments on inheritance taking 7 pairs of contrasting features of garden pea.*
- *The following terms to be covered: gene, allele, heterozygous, homozygous, dominant, recessive, mutation, variation, phenotype, genotype, homologous chromosomes, autosomes, sex chromosomes.*

- *Inheritance in Humans – A few characters and their traits. Tongue rolling as an example of inheritance.*

2. Plant Physiology

- (i) Absorption by roots, imbibition, diffusion and osmosis; osmotic pressure, root pressure; turgidity and flaccidity; plasmolysis and deplasmolysis; the absorption of water and minerals; active and passive transport (in brief); The rise of water up to the xylem; Forces responsible for ascent of sap.

- *Understanding of the processes related to absorption of water by the roots.*
- *Characteristics of roots, which make them suitable for absorbing water.*
- *Structure of a single full-grown root hair.*
- *A general idea of Cohesive, Adhesive forces and transpirational pull.*
- *Experiments to show the conduction of water through the xylem.*

- (ii) Transpiration - process and significance. Ganong's potometer and its limitations. The factors affecting rate of transpiration. Experiments on transpiration. A brief idea of guttation and bleeding.

- *Concept of transpiration and its importance to plants*
- *Experiments related to transpiration:*
 - (a) *Loss in weight of a potted plant or a leafy shoot in a test tube as a result of transpiration.*
 - (b) *Use of cobalt chloride paper to demonstrate unequal rate of transpiration in a dorsiventral leaf.*
- *Adaptations in plants to reduce transpiration.*
- *A brief idea of guttation and bleeding.*

(iii) Photosynthesis: the process and its importance to life in general; experiments to show the necessity of light, carbon dioxide, chlorophyll, formation of starch and release of oxygen.

- *The process and significance of Photosynthesis.*
- *The internal structure of chloroplast to be explained to give an idea of the site of light and dark reactions.*
- *Overall balanced chemical equation to represent photosynthesis.*
- *Introduction of the terms "photochemical" for light phase and "biosynthetic" for dark phases.*
- *Light reaction - activation of chlorophyll followed by photolysis of water, release of O₂, formation of ATP (photophosphorylation) and NADPH.*
- *Dark reaction - only combination of hydrogen released by NADP with CO₂ to form glucose. (detailed equations are not required).*
- *Adaptations in plants for photosynthesis.*
- *Experiments with regard to the factors essential for photosynthesis; emphasis on destarching and the steps involved in starch test.*

3. Human Anatomy and Physiology

(i) Circulatory System: Blood and lymph, the structure and working of the heart, blood vessels, circulation of blood (only names of the main blood vessels entering and leaving the heart, liver and kidney will be required). Lymphatic system.

- *Composition of blood (structure and functions of RBC, WBC and platelets).*
- *Brief idea of tissue fluid and lymph.*
- *Increase in efficiency of mammalian red blood cells due to absence of certain organelles; reasons for the same.*
- *A brief idea of blood coagulation.*
- *Structure and working of the heart along with names of the main blood vessels entering and leaving the heart, the liver and the kidney.*

- *Concept of systole and diastole; concept of double circulation.*
- *Brief idea of pulse and blood pressure.*
- *Blood vessels: artery, vein and capillary to be explained with the help of diagrams to bring out the relationship between their structure and function.*
- *Brief idea of the lymphatic organs: spleen and tonsils.*
- *ABO blood group system, Rh factor.*
- *Significance of the hepatic portal system.*

(ii) Excretory System: A brief introduction to the excretory organs; parts of the urinary system; structure and function of the kidneys; blood vessels associated with kidneys; structure and function of nephron

- *A brief idea of different excretory organs in the human body.*
- *External and internal structure of the kidney;*
- *Parts of the urinary system along with the blood vessels entering and leaving the kidney; functions of various parts of the urinary system (emphasis on diagram with correct labelling). A general idea of the structure of a kidney tubule/ nephron.*
- *A brief idea of ultra-filtration (emphasis on the diagram of malpighian capsule); selective reabsorption and tubular secretion in relation to the composition of blood plasma and urine formed.*

(iii) Nervous system: Structure of Neuron; central, autonomous and peripheral nervous system (in brief); brain and spinal cord; reflex action and how it differs from voluntary action.

Sense organs – Eye: Structure, functions, defects and corrective measures: Ear: Parts and functions of the ear.

- *Parts of a neuron.*
- *Various parts of the external structure of the brain and its primary parts: Medulla Oblongata, Cerebrum, Cerebellum, Thalamus, Hypothalamus and Pons; their functions.*
- *Reference to the distribution of white and gray matter in Brain and Spinal cord.*

- *Voluntary and involuntary actions – meaning with examples.*
 - *Diagrammatic explanation of the reflex arc, showing the pathway from receptor to effector.*
 - *A brief idea of the peripheral and autonomic nervous system in regulating body activities.*
 - *Differences between natural and acquired reflex.*
 - *External and Internal structure and functions of the Eye and Ear and their various parts.*
 - *A brief idea of stereoscopic vision, adaptation and accommodation of eye.*
 - *Defects of the eye (myopia, hyperopia, hypermetropia, presbyopia, astigmatism and cataract) and corrective measures (diagrams included for myopia and hyperopia only)*
 - *The course of perception of sound in human ear.*
 - *Role of ear in maintaining balance of the body.*
- (iv) Endocrine System: General study of the following glands: Adrenal, Pancreas, Thyroid and Pituitary. Endocrine and Exocrine glands.
- *Differences between Endocrine and Exocrine glands.*
 - *Exact location and shape of the endocrine glands in the human body.*
 - *Hormones secreted by the following glands: Pancreas: insulin and glucagon; Thyroid: only thyroxin; Adrenal gland: Cortical hormones and adrenaline; Pituitary: growth hormone, tropic hormones, ADH and oxytocin, TSH, ACTH, Gonado Tropic Hormones.*
 - *Effects of hypo secretion and hyper secretion of hormones.*

INTERNAL ASSESSMENT OF PRACTICAL WORK

The practical work is designed to test the ability of the candidates to make an accurate observation from specimens of plants and animals.

PLANT LIFE

- (i) Observation of permanent slides of stages of mitosis.
- (ii) Experiments demonstrating:
 - Diffusion: using potassium permanganate in water.
 - Osmosis: Thistle Funnel experiment and potato osmoscope.
 - Absorption: using a small herbaceous plant.
- (iii) Experiments on Transpiration:
 - demonstration of the process using a Bell Jar.
 - demonstration of unequal transpiration in a dorsiventral leaf using cobalt chloride paper.
 - demonstration of uptake of water and the rate of transpiration using Ganong's potometer.
- (iv) Experiments on Photosynthesis:
 - to show the necessity of light, carbon dioxide and chlorophyll-for photosynthesis.
 - to show the release of O₂ during photosynthesis using hydrilla / elodea.

ANIMAL LIFE

- (i) Identification of the structures of the urinary system, heart and kidney (internal structure) and brain (external view) through models and charts
- (ii) The identification of different types of blood cells under a microscope.
- (iii) Identification of the internal structure of the Ear and Eye (Through models and charts).
- (iv) Identification and location of selected endocrine glands: Adrenal, Pancreas, Thyroid and Pituitary glands with the help of a model or chart.

EVALUATION

The practical work/project work are to be evaluated by the subject teacher and by an External Examiner. (The External Examiner may be a teacher nominated by the Head of the school, who could be from the faculty, **but not teaching the subject in the relevant section/class**. For example, a teacher of Biology of Class VIII may be deputed to be an External Examiner for Class X, Biology projects.)

The Internal Examiner and the External Examiner will assess the practical work/project work independently.

Award of marks

(20 Marks)

Subject Teacher (Internal Examiner) 10 marks

External Examiner 10 marks

The total marks obtained out of 20 are to be sent to the Council by the Head of the school.

The Head of the school will be responsible for the online entry of marks on the Council's CAREERS portal by the due date.

INTERNAL ASSESSMENT IN SCIENCE - GUIDELINES FOR MARKING WITH GRADES

Criteria	Preparation	Procedure/ Testing	Observation	Inference/ Results	Presentation
Grade I (4 marks)	Follows instructions (written, oral, diagrammatic) with understanding; modifies if needed. Familiarity with and safe use of apparatus, materials, techniques.	Analyses problem systematically. Recognises a number of variables and attempts to control them to build a logical plan of investigation.	Records data/observations without being given a format. Comments upon, recognises use of instruments, degree of accuracy. Recording is systematic.	Processes data without format. Recognises and comments upon sources of error. Can deal with unexpected results, suggesting modifications.	Presentation is accurate and good. Appropriate techniques are well used.
Grade II (3 marks)	Follows instructions to perform experiment with step-by-step operations. Awareness of safety. Familiarity with apparatus, materials and techniques.	Specifies sequence of operation; gives reasons for any change in procedure. Can deal with two variables, controlling one.	Makes relevant observations. No assistance is needed for recording format that is appropriate.	Processes data appropriately as per a given format. Draws qualitative conclusions consistent with required results.	Presentation is adequate. Appropriate techniques are used.
Grade III (2 marks)	Follows instructions to perform a single operation at a time. Safety awareness. Familiarity with apparatus & materials.	Develops simple experimental strategy. Trial and error modifications made to proceed with the experiment.	Detailed instructions needed to record observations. Format required to record results.	Processes data approximately with a detailed format provided. Draws observations qualitative conclusions as required.	Presentation is reasonable, but disorganised in some places. Overwriting; rough work is untidy.
Grade IV (1 mark)	Follows some instructions to perform a single practical operation. Casual about safety. Manages to use apparatus & materials.	Struggles through the experiment. Follows very obvious experimental strategy.	Format required to record observations/readings but tends to make mistakes in recording.	Even when detailed format is provided, struggles or makes errors while processing data. Reaches conclusions with help.	Presentation is poor and disorganised but follows an acceptable sequence. Rough work missing or untidy.
Grade V (0 marks)	Not able to follow instructions or proceed with practical work without full assistance. Unaware of safety.	Cannot proceed with the experiment without help from time to time.	Even when format is given, recording is faulty or irrelevant.	Cannot process results, nor draw conclusions, even with considerable help.	Presentation unacceptable; disorganised, untidy/poor. Rough work missing.

PHYSICAL EDUCATION (72)

CLASS X

There will be **one** written paper of **two hours** duration carrying 100 marks and Internal Assessment of 100 marks.

The written paper will be divided into **two** Sections, A and B.

Section A: will consist of **compulsory** short answer questions on **Section A** of the syllabus.

Section B: Candidates will be required to answer questions on the rules, skills required and the methods of training of any **two** of the given team games.

PART 1: THEORY - 100 Marks

SECTION A

1. Human Growth and Development

- (i) Growth and Development

Meaning of growth and development and difference between the two.

A brief understanding of the Stages: Infancy (0 to 5 years), Childhood (5 to 12 years), Adolescence (12 to 19 years), Adulthood (19 to 65 years and above)

- (ii) Factors that influence Human Growth and Development

Hereditary, Environmental, Gender, Nationality, Nutrition.

2. Physical Education

- (i) Meaning, definition, aim of Physical Education.

- (ii) Objectives of Physical Education.

Physical development, Psychological development, Social development, Emotional development.

3. Body types

Endomorph, Mesomorph, Ectomorph. Physical and psychological characteristics (typical traits) of each.

4. Physical Fitness

- (i) Meaning of Physical fitness and its importance.

- (ii) Components of Physical Fitness.
Cardiovascular/respiratory endurance, Stamina, Strength, Flexibility, Power, Speed, Coordination, Agility, Balance, Accuracy.

- (iii) Factors affecting Physical Fitness.

Hereditary, Nutrition, Environment, Training (facilities and methods), Illness, Self-motivation, Emotional stability, Lifestyle, Posture.

5. Sports Training

- (i) Meaning of Sports training.

- (ii) Importance of sports training and its objectives.

Builds up strength and endurance, Improves skill levels, Builds motivation, ambition and confidence, Improves knowledge of the their sport, Increases muscle tone, Facilitates good circulation, Improves agility and flexibility, Improves the rate of waste product disposal, Speeds up recovery time, More resistant to injury and illness, Improves concentration, Increases self-esteem.

(A brief understanding)

- (iii) Principles of Sports Training.

Individuality, Specificity, Progression, Overload, Adaptation, Recovery, Reversibility, Variance, Frequency, Continuity, Active participation, Periodization, Intensity.

A brief understanding of the above.

6. Safety in Sports

(i) Sports related injuries.

Injury – meaning; Sports related injuries: Muscle strain/Pulled muscle, Torn ACL (anterior cruciate ligament), Torn MCL (medial collateral ligament), Shin splints, Stress fracture, Fracture, sprained ankle, Tennis elbow, Low back pain, Concussion, Runner's knee.

*A brief understanding of the sports injuries, their causes, symptoms and **first aid** for these injuries.*

(ii) Prevention of injuries.

Warming up and cooling down to be done; fitness of the participant; use of correct equipment and maintaining equipment; Proper knowledge of rules of the game/ sport; Wearing the recommended protective gear; importance of resting between workouts; supervision of coach / teacher; proper training of skills and techniques; safe facilities.

SECTION B

Candidates will be required to answer questions on any **two** of the following **team games**.

Cricket, Football, Hockey, Basketball, Volleyball, Badminton.

The details for each game are given below:

CRICKET

1. Knowledge of the game

2. Rules of the game

The Field of play: Diagram of the cricket field and pitch with measurements and specifications; The Ball (Shape, Material, Circumference, Weight); The Bat (Length, Width, Material); Stumps and bails (Height, Width); The Players (Number of players (playing eleven and substitutes); Substitutions; The Players' Equipment; Compulsory equipment; Types of matches (One day, Five days, Four days and T20); Officials and their duties (2 field umpires, 1 third umpire, 1 match referee and 2 scorers); The Ball in and out of Play; Ways of a batsman getting out

3. Fundamental skills and technique

Batting (On drive, Off drive, Square cut and Leg glance); Fielding (Close catching, Catching 'In the outfield', Long barrier and Throwing); Bowling (In swing, Out swing, Yorker and Full toss); wicket-keeping (Footwork, Catching the ball, and Diving)

4. Terminology

Maiden over,	Hat trick,	Extra,
Dead rubber,	Seam bowling,	Over,
No ball,	Bouncer,	Sight screen,
Bump ball,	Danger area,	Power play,
Overthrow,	Declaration,	Appeal,
Bodyline Bowling,	Dot ball,	Substitute,
Dead ball,	Ball-tampering,	Century,
Follow-on,	Golden duck,	Nick,
Nightwatchman,	Tailender,	Pull shot,
Innings defeat,	Cover drive,	Innings,
Straight drive,	Sweep shot,	Hook shot,
Reverse sweep,	Upper cut,	Late cut,
Leg glance,	Pull shot,	Flick shot,
Beamer,	Off cutter,	Leg cutter,
Short pitch,	Full length delivery,	
Reverse swing,		

5. National and International governing bodies of Cricket

BCCI - Board of Control for Cricket in India
ICC - International Cricket Council

6. National and International tournaments

National Tournament: Ranji Trophy, Duleep Trophy, Vijay Hazare Trophy, Deodhar Trophy, Irani Trophy, Indian Premier League.

International Tournaments: ICC Cricket World Cup, ICC champions Trophy, ICC World T20, World Cricket League.

FOOTBALL

1. Knowledge of the game

2. Laws of the game

The Field of play: Diagram of the Field with Measurements and Specifications, Height and Width of Goalpost, Height of Corner flags
The Ball: Shape, Material, Circumference, weight, Air pressure

The Players: Number of players (playing eleven and substitutes), Number of substitutions allowed in a match, Substitution procedure

The Players' Equipment, Compulsory Equipment

The Referee: Powers and Duties, Compulsory Equipment, Referee signals

Other match officials: Assistant Referees: Duties and Signals; Fourth official: Duties; Additional assistant referee: Duties; Reserve assistant referee: Duties

The Duration of the Match: Periods of play, Half-time interval, Allowance for time lost, Penalty kick, Abandoned match

The Start and Restart of Play: Kick-off and its Procedure (start, both halves, both halves of extra time and restarts play after a goal), Free kicks and its Procedure (Direct and Indirect), Penalty Kicks and its Procedure, Throw-in and its Procedure, Goal kicks and its Procedure, Corner Kicks and its Procedure

The Ball in and out of Play

Determining the outcome of a match: Goal scored, Winning team, Kicks from the penalty mark

Offside: Offside position, Offside offence, No offence

Fouls and Misconduct: Direct free kick, Indirect free kick, Disciplinary action (Yellow card and Red card), Restart of play after fouls and misconduct

3. Fundamental Skills and Technique

Passing (Short pass and Long pass); Trapping (Step trap, Inside trap, Thigh trap, Chest trap and Head trap); Shooting (Instep, Swerve shot, Chip and toe punt); Dribbling; Receiving; Heading; Tackle; Goalkeeping.

4. Terminology

Advantage, Zonal marking, Sliding Tackle,
Through pass, Quarter Circle, Man-to-Man
Marking, Additional time, Extra time,
Nutmeg, One-on-one, Step over,
Technical area, Volley, Half Volley,
Attacker, Defender, Chip, Cross,
Overlap, Lob, Banana Kick,
Bicycle Kick, Wall Pass, Goal line technology
(GLT)

5. National and International Governing Bodies

AIFF - All India Football Federation

FIFA - Federation Internationale de Football Association

IFAB - International Football Association Board

6. National and International Tournaments

National Tournaments: Santosh Trophy, Subroto Cup, Federation Cup, Durand Cup, I – League

International Tournaments: FIFA World Cup, UEFA European Championship, AFC Cup

HOCKEY

1. Knowledge of the game

2. Rules of the game

Field of play: Diagram of the Field with Measurements and Specifications

Composition of teams: Number of Players, Substitution rule for Field players and Goalkeepers

Captains: Identity and Responsibility

Players' clothing and equipment: Uniform and equipment of Field Players, Goalkeepers

Match and result: Duration of the match and half time, Result of match

Start and re-start of the match: Procedure of Start (centre pass) and Re-start (Bully, Free hit, Second half)

Ball outside the field: Procedure to re-start from different areas, side line, back line, after every goal

Method of scoring

Conduct of play: Players, Goalkeepers and Players with Goalkeeping Privileges; Umpires (Responsibilities of Umpires).

Penalties and procedures for taking penalties: Awarding: Free Hit, Penalty Corner and Penalty Stroke; Procedures: Free hit, Penalty corner, Penalty stroke.

Personal Penalties: Cautions (Verbal warning); Temporary suspension: Green Card - 2 minutes suspension, Yellow Card- 5 minutes suspension; Permanent suspension (Red Card).

3. Equipment Specifications

Field Equipment: Goal-post: (side board, back board and net); Flag post

Hockey Stick (Specification and Properties)

Ball: Shape, Material, Circumference, Weight, Colour

4. Fundamental Skills and Technique

Passing (Push, Drive and Sweep)

Trap (Upright stop & Flat stop)

Dribbling (Straight dribble, Loose dribble, Indian dribble, Dribbling pull back, One hand dribble: right hand and reverse side)

Shooting, Goalkeeping.

5. Terminology

Forehand,	Playing Distance,	Tackle,
Back Stick,	Dangerous Play,	Field Goal,
Obstruction,	Raised Ball,	High Stick,
Hooking,	Reverse stick,	Push,
Scoop, Advantage	Flick,	High ball,
Shooting circle,	Under cutting,	Jab,
Foot,	Give-and-go,	Carry the
ball,	Centre pass,	Back pass,
Reverse hit,	Rebound,	Rusher,
Long corner,	Through pass,	Stroke,
Cross,	16-yard hit,	

6. National and International Governing Bodies

FIH - Fédération Internationale de Hockey (French)

IHF - Indian Hockey Federation

7. National and International tournaments

National Tournaments: All India Gurmeet Memorial Hockey Tournament. Chandigarh, All India Chhatrapati Shivaji Hockey Tournament. Delhi, All India Indira Gold Cup Hockey Tournament, Jammu.

International Tournaments: Sultan Azlan Shah Hockey Tournament, World Hockey Cup, Champions Trophy.

BASKETBALL

1. Knowledge of the game

2. Rules and Regulations of the Game

Court: Diagram of the court with Dimensions and Specifications, Meaning of Court areas, lines, circle, semi-circle, position of the scorer's table and substitution chairs.

Equipment needed to conduct the game

Teams: Definition, Rules, Players uniform

Injured players

Captain and Coaches: Duties and powers

Duration of Play

Playing time, Tied score and Extra periods

Status of the ball: Ball Live, Ball Dead

Jump ball and Alternating possession: Jump ball: Definition, Procedure and Situations; Alternating possession: Definition and Procedure

How the ball is played: Definition and Rule

Control of Ball: Definition, Team Control: Continues and Ends

Goal: When made and its value, Definition, Rule of scoring

Throw-in, time-out, substitution: Definition, Rules and procedures.

Game Lost by Forfeit, default, violation: Rules and Penalty

Player out of bounce and Ball Out of Bounds: Definition and Rule

Dribbling: Definition, a dribble starts, a dribble ends, rule for dribbling

Travelling: Definition, Pivot

Closely Guarded Player: Definition and Rule

3 Seconds rule, 8 Seconds rule, 24 Seconds rule and procedure

Ball returned to backcourt: Definition, Rule and Penalty

Goaltending and Interference: Definition and rule; Meaning and penalty of Interference; Penalty for The Respective Violations

Fouls – Definition; Personal Foul, Double Foul - Definition and Penalty; Technical Foul: Rules of conduct, Violence, Definition and Penalty; Unsportsmanlike Foul, Disqualifying foul - Definition and Penalty

Fighting - Definition, Rule and Penalty; Penalty for the respective Fouls; Five fouls by a player; Team fouls: Definition and Rule.

Contact: General principles: Cylinder principle, Principle of verticality, Legal guarding position, Guarding a player who controls the ball, Guarding a player who **does not** control the ball, A player who is in the air, Screening (Legal and Illegal), Charging, Blocking, No charge semi-circle areas, Contacting an opponent with the hand(s) or arm(s), Holding, Pushing

Free Throws - Definition, Rule and Penalty

Duties and Powers of: Officials, Table officials and Commissioner; Referee; Scorer and Assistant Scorer; Timer; Short clock operator

3. Fundamental Skills and Technique

Dribbling (high dribble, change of pace, crossover, between the legs and behind the back)

Passing (chest pass, bounce pass, baseball pass, outlet pass and no-look pass)

Shooting (layup, jump shot, hook shot, free throw, bank shot and slam dunk)

Defence (man to man defence, zone defence and combination defence)

Offence (early offence, set offence, motion offence, zone offence and spread offence)

Rebounding (Offensive and Defensive)

Pivot

4. Terminology

Drive,	Fake,	Fast Break,
Blocking,	Charge,	Carry,
Screen,	Double Dribble,	Travel,
Triple Threat,	Ball Handler,	Dead Ball,
Front Court,	Loose Ball,	Held Ball,
Dunk,	Field Goal,	Alley-Oop,
Back Court,	Press,	Box out,
Double foul,	Jump stop,	Timeout
Air ball,	Jump ball,	Game clock,
Block,	Possession arrow	

5. National and International Governing Bodies of Basketball

BFI - Basketball Federation of India

FIBA - Federation Internationale De Basketball

6. National and International tournaments

National Tournaments:

Youth National Basketball Championships, Federation Cup Basketball Championship, UBA Pro Basketball League

International Tournaments:

FIBA World Championship, European Basketball championship, FIBA Asia Championship

VOLLEYBALL

1. Knowledge of the game

2. Rules of the game

Playing Area: Diagram of the Play Area with Measurements and Specifications; Diagram of Net, Antenna and Posts with measurements and specifications

Ball: Shape, Material, Weight, Circumference, Air Pressure

Composition of teams

Players equipment and forbidden objects

Team Leaders: Responsibility of Captain, Coach and Assistant coach

Playing Format: To score a point, To win a set, To win the match

Structure of Play: The Toss, Official warm-up session, Team starting line-up, Positions and Positional fault, Rotation and Rotation fault

States of Play: Ball in play, Ball out of play, Ball "IN", Ball "OUT"

Playing the ball: Team Hits, Characteristics of the hit, Faults in playing the ball, Ball at the net, Ball crossing the net, Ball touching the net, Ball in the net.

Player at the net: Reaching beyond the net, Penetration under the net, Contact with the net, Player's faults at the net

Service: First service in a set, Service order, Authorization of the service, Execution of the service, Screening, Faults made during service, Serving faults and Positional faults

Attack hit: Characteristics, Restrictions, Faults

Block: Blocking, Block contact, Blocking within the opponent's space, Block and team hits, Blocking the service, Blocking faults

Interruptions, Delays and Intervals: Interruptions (meaning); Number of regular game interruptions; Sequence of regular game interruptions; Request for regular game interruptions;

Time-outs and Technical time-outs

Exceptional game interruptions: Injury/illness, External interference, Prolonged interruptions

Substitution: Limitation, Exceptional, Expulsion/disqualification, Illegal, Procedure, Improper request

Game delays: Types of delays, Delay sanctions

Intervals and change of court

Libero player: Designation of the Libero, Equipment, Actions involving the libero, Re-designation of a new libero

Participants' conduct: Sportsmanlike conduct, Fair play

Misconduct and its sanctions: Minor misconduct, Misconduct leading to sanction, Sanction scale,

Cards used: Warning (Verbal and Yellow card); Penalty (Red card); Expulsion (Red plus Yellow card jointly); Disqualification (Red plus Yellow card separately)

Referees: Composition, Procedures, Location, Authority and Responsibilities of: First referee, Second referee, Scorer, Assistant scorer, Line judges.

3. Fundamental Skills and Techniques

Service (Underhand, Topspin, Float, Jump serve and Jump float)

Pass (Underarm pass and Overhand pass)

Set (Overhead and Bump)

Attack/spike (Backcourt, Line and cross-court shot, Dip, Block-abuse, Off-speed hit, Quick hit, Slide and Double-quick hit)

Block (Single block, Double block and Triple block)

Dig

4. Terminology

Back row attack, Block assist, Side out,
Blocking error, Floater, Two set,

Extension roll, Free ball, Joust,
Overlapping, Back set, Carry,
Closing the block, Ball down, Quick set,
Serving zone, Defence zone, Attack
zone,
Foot fault, Net violation, Trap set,
Reading an opponent,
Cross-court attack

5. National and International Governing Bodies of Volleyball

VFI - Volleyball Federation of India

FIVB - Federation International De Volleyball

6. National and International tournaments

National Tournaments: Indian Volleyball League, Federation Cup, Poornima Trophy

International Tournaments: World Championship, World Cup Volleyball, Super Challenge Cup

BADMINTON

1. Knowledge of the game

2. Rules of the game

Court: Diagram of the court with Measurements and Specifications, Court equipment (Posts and Net)

Shuttle: Dimensions and Specifications, Testing a shuttle for speed

Racket: Diagram of the racket with Measurements and Specifications

Toss: Procedure

Scoring system

Change of ends

Service: Singles (serving and receiving courts);

Doubles: Serving and receiving courts, Order of play and position on court, Scoring and serving, Sequence of serving

Service court errors

Lets

Shuttle not in play

Continuous play, Misconduct and Penalties

Officials duties and appeals: Referee, Umpire, Service judge, Line judges

3. Fundamental Skills

Grip (Forehand grip and Backhand grip)
Footwork
Serve (High serve, Low serve, Flick serve)
Strokes (Overhead forehand stroke, Overhead backhand stroke, Underarm forehand stroke and Underarm backhand stroke)
Shots (Clearing/lobbing, Drop shots and Smash)

4. Terminology

Short serve	Long serve	Wide serve
Service order,	Love,	All,
Deuce,	Forecourt,	Mid-court,
Rear court,	Rally,	Set,
Rubber,	Lunge,	Clear lob,
Half smash,	Full smash,	Carry,
Baseline smash,	Drive,	Push shot,
Tumbling net shot,	Net kill,	Net lift
Hairpin net shot,	Alley,	Back alley,
Follow through,	Court,	Wood shot
Flick,	Bird,	
Singles footwork base		

5. National and International Governing Bodies of Badminton

BAI - Badminton Association of India
BWF - Badminton World Federation

6. National and International tournaments

National Tournaments: Indian Open Badminton Championship, Senior National Badminton championship
International Tournaments: World Championship, Thomas Cup.

PART 2: INTERNAL ASSESSMENT (100 Marks)

Practical work will be assessed in two parts as follows:

- (i) *Assessment by the Teacher(s).*
- (ii) *Assessment by an External Examiner.*

1. Work to be assessed by Teacher (s) - 50 marks.

The skill and performance of the candidates will be assessed by the teacher(s), responsible for preparing the candidates for the examination, in two of the following games and activities of their choice:

Athletics, cricket, hockey, football, handball, volleyball, softball, basketball, tennis, badminton, swimming, dancing, gymnastics, yoga, boxing, wrestling, judo and karate, table tennis, kho-kho and kabaddi.

2. Work to be assessed by the External Examiner 50 marks

The assessment of the work of the candidates by the External Examiner will be in two parts:

- A. Physical efficiency tests.
- B. Specialization tests.

A. Physical Efficiency Tests

The following tests to evaluate the physical fitness of candidates will be organized and conducted in the presence of the External Examiner. **Tests should be carried out over the duration of two days.**

(a) Test 1

50 metre run. Standing start. Timings to be taken to the nearest tenth of a second (weather should be relatively windless without extremes of temperature).

(b) Test 2

Standing long jump. A flat non-slip surface should be used. The candidates should stand with toes just behind the take-off line and jump when ready. After making a preliminary swing with the arms, the candidate swings them forward vigorously, springing with both feet simultaneously to land as far forward as possible. Distance jumped, to be measured in centimeters.

(c) Test 3

Distance run - 1000 meters run for boys, 600 meters run for girls. Time to be taken to the nearest second.

(d) Test 4

(i) Floor push-ups for boys - The boys take a front-leaning position with body supported on hands and balls of feet; the arms are straight and at right angle to the body. He then dips or lowers the body so that the chest nearly touches the floor, he then pushes back to the starting position by straightening the arms and repeats the procedures as many times as possible. The arms must be completely extended with each push-up; the body must be held straight throughout. Scoring consists of the number of correct push-ups.

(ii) Push-ups for girls -- This is executed from a stall bar bench or a stool 32cm high by 50 cm long and 35 cm wide. It should be placed on the floor about 15 cm from a wall so that the subjects will not take a position too far forward. The girl should grasp the outer edges of the bench, or stool, at the nearest corners and assume the front-leaning rest position, with the balls of her feet on the floor and with her body and arms forming a right angle. She should then lower her body so that the upper chest touches the near edge of the bench or stool, then raise it to a straight arm position as many times as possible. The girl's body should be held straight throughout. If the body sways or arches, if the subject does not go completely down or does not push completely up, half credit is given (up to 4 half credits).

(e) Test 5

Shuttle run. A flat course of 10 meters is required to be measured between two parallel base lines. Behind each base line, as a semicircle 50 cm radius with centre on the base line is required to be marked. Two wooden blocks (10 cm x 5 cm x 5 cm) are to be placed in the far semicircle. The candidate stands with feet behind the base line, and on a signal, runs to the far line and picks up one block which the candidate places in the starting semicircle when he/she returns. Then turning without a rest, they run back to retrieve the second block and carry it back across the finish line.

(f) Test 6

30 - second sit-ups. The candidate lies with his/her back on a mat or flat surface, feet about 30 cm apart and knees flexed at right angles. The candidate's hands with fingers interlocked are placed behind the head. A partner holds the candidate's feet in contact with the mat or floor. On the signal "Go" the candidate sits up to touch the knees with his/her elbows. Without pause he/she returns to his/her starting position and immediately sits up again. The number of sit-ups completed in 30 seconds are to be counted.

B. Specialization Tests

Candidates will be tested in the presence of an External Examiner, in **one** of the following activities listed below:

- (a) Athletics (b) Gymnastics (c) Swimming
(d) Dancing (e) Yoga.

(a) **Athletics** - The candidates will choose any two of the following events in which they wish to be tested:

(i) *Track events*

Boys - 100 m, 200 m, 400 m, 800 m and 1500 m.

Girls – 50 m, 100 m, 200 m and 800 m.

(ii) *Fields events*

Boys - long jump, high jump, hop-step-and-jump, pole vault, shot put, discus and javelin throw.

Girls - long jump, high jump, shot put (8 lbs.) and throwing the softball.

(b) **Gymnastics** - The candidates will be tested in four exercises using any two of the following apparatus of their choice:

(i) *Ground/mat work*

Boys - Front roll, back roll, cartwheel, headspring, handspring, handstand, and somersault.

Girls - Ballet, flexibility and agility movements -- the front split, the pirouette, the toe stand, the ballet touch, the body sweep, the arabesque, the single- leg balance, the balance; front roll, back roll, cartwheel.

(ii) The balance beam - (girls only)
Mounts - The straight arm support mount, the squat mount, the one knee mount, and the crotch seat mount. Poses and Movements, walking the beam, the pivot, the pirouette turn, jumping on the beam. Dismounts -- the side-seat dismount, the front vault dismount.

(iii) Parallel bars
Boys - The straight arm support, the straddle seat, the back roll to a straddle-seat, the shoulder balance, the single-let flank dismount, the double-leg flank dismount.

Girls - The straight arm support, swinging, the straddle seat, the forward roll.

(iv) Vaulting Horse
Boys - The side vault, the through vault, the straddle vault, the head spring vault. High horse - the side vault, the through vault, the straddle vault. Long horse -- the through vault, the straddle vault.

Girls - The side vault, the squat stand dismount, the straddle vault, the straddle stand, the head spring vault.

(v) Horizontal bar - (boys only)
Upward swing and dismount, swinging to mount and dismount, swinging and changing hands to face opposite direction.

(c) **Swimming** - The candidates will be tested in any two of the following of their choice.

Boys - Freestyle – 50 m, 100 m, 200 m and 400 m;
Breast stroke – 50 m, 100 m;
Backstroke – 50 m, 100 m;
Butterfly stroke – 50 m, 100 m;

Diving - standing one-leg dive, standing semi-crouch dive, standing stationary dive, the front jump dive from the springboard.

Girls - Freestyle – 50 m, 100 m and 200 m;
Breast stroke – 50 m, 75 m;
Backstroke – 50 m, 75 m;
Butterfly stroke – 50 m, 75 m;

Diving - standing one-leg dive, standing semi-crouch dive, standing stationary dive, the front jump dive from the springboard.

(d) **Dancing** - The candidates will be required to give a performance of any *two* of the following dances/movements, of their choice, with suitable accompaniments:

(i) Combination of dance movements and ground-mat work.

(ii) Indian dancing -- Bharatanatyam, Kuchipudi, Kathakali, Kathak, Manipuri, Bhangra, any other folk dance.

(iii) Western dancing -- ballet; ballroom dancing - waltz, foxtrot, tango, samba, Charleston, square dancing; pop-dancing - jitterbug, twist, rock and roll.

(e) **Yoga** - The candidates will be tested in any *four* of the following. asanas.

Ugrasam, dhamrekhasan, singhasan, ultanmandhukasan, kukutasans, naunli, kapala, bhathi, shavasan, shirashasan, shalabhasan, bakasan and mayurasan.

METHOD OF ASSESSMENT BY TEACHERS

The teacher(s) will assess the candidates, skill and performance in the two games and activities of their choice. They will mark the candidates out of 50 marks as follows:

	<i>Marks</i>
(a) Achievement of skills and performance	30
(b) Attendance	05
(c) Participation in voluntary and intramural activities	10
(d) Representation of the School at different levels - Inter-School, District, State	05

Achievement of skills and performances

In assessing the achievement of skills and performances, the following factors should be considered:

	<i>Marks</i>
(a) Team games (See para 2, Section B)	
(i) Ability in fundamental skills	15
(ii) Ability in a particular skill	05
(iii) Utilisation of fundamental skills during a game	05
(iv) Offensive and defensive skills	05

(b) Athletics	
The actual performance of the candidates should be tested in the events chosen by him/her and assessed according to the five-point grading system given below:	
	<i>Marks</i>
A – Excellent	26-30
B - Very Good	21-25
C – Good	16-20
D – Average	11-15
E - Below Average	10 & less
(c) Swimming	<i>Marks</i>
(i) Ability in basic skills	15
e.g. breathing, floating, arm movements, combined elementary movement, changing body positions and directions and treading water	
(ii) Ability in stroke skills	05
(iii) Ability in diving skills	05
(iv) Speed and endurance	05
(d) Dancing	<i>Marks</i>
(i) Ability to keep rhythm	10
(ii) Expression and grace of movements	08
(iii) Ease of performance	08
(iv) Endurance	04
(e) Gymnastics	<i>Marks</i>
(i) Willingness to perform	05
(ii) Knowledge of sequence & performance of exercise	15
(iii) Form, grace and ease of performance	05
(iv) Landing or recovery technique	05
(f) Boxing, Wrestling, Judo and Karate	<i>Marks</i>
(i) Courage, confidence, self-reliance & endurance	10
(ii) Foot work/holds	04
(iii) Offensive techniques	08
(iv) Defensive techniques	08

(g) Yoga	<i>Marks</i>
(i) Ability to assume the posture/activity	10
(ii) Knowledge of sequence for final pose/activity	10
(iii) Perfection in posture/activity with grace & poise	05
(iv) Performing a post activity with ease & maintaining it for a length of time with relaxation	05

METHOD OF ASSESSMENT BY THE EXTERNAL EXAMINER

Physical Efficiency Tests

The External Examiner will assess the performance of the candidates in the physical efficiency test in accordance with the Performance Table at Appendix A attached. He/she will mark the candidates out of 30 marks based on his assessment.

Specialisation Tests

The External Examiner will assess the performance of the candidates in the activity that they have chosen for specialisation (See (ii) Specialisation Tests) out of 20 marks. The basis of his/her assessment for each activity is given in the ensuing paragraphs.

(a) Athletics

The candidates will be assessed in their performance in any *two* of the events of their choice as given in the syllabus, in accordance with the table attached as Appendix B.

(b) Gymnastics

The candidates will be assessed in their performance in *four* exercises, to be nominated by the External Examiner, using any two apparatus of the candidates' choice. The External Examiner will give marks for each exercise as follows:

	<i>Marks</i>
(i) Perfect performance in form, grace and timing	05
(ii) Satisfactory performance but for minor fault in form & timing	04
(iii) Performance with poor form e.g. bent knees, toes not pointed	03

- (iv) No form or grace but knowledge of performance of exercise 02
- (v) An attempt to perform 01

(c) Swimming

The candidates will be assessed in any two of the events of their choice in accordance with the table given at Appendix D attached.

(d) Dancing

The candidates will be assessed in two dance performances of their choice as given in the syllabus. The External Examiner will mark them on each performance as follows:

Qualities

Marks

- (i) Knowledge of the steps/poses 04
- (ii) Grace and poise 02
- (iii) Rhythm and timing 02
- (iv) Endurance 02

(e) Yoga

The candidates will be assessed in any four of the asanas given in the syllabus, to be nominated by the External Examiner. The External Examiner will mark the candidates in each asana as follows:

Marks

- (i) Perfect performance 05
- (ii) Satisfactory performance with minor error in form 04
- (iii) Performance with poor form 03
- (iv) No form but knowledge of how to perform the asanas 02
- (v) Poor form and knowledge of performance 01

APPENDIX A

PERFORMANCE TABLE - PHYSICAL EDUCATION - PHYSICAL EFFICIENCY TESTS

Marks	Test No.1 50 m dash (Timings in seconds and tenths)		Test No.2 Standing long jump (Distance in cm)		Test No.3 Distance run (Timings in min and s)		Test No.4 Push-ups (Numbers)		Test No.5 Shuttle run (Timings in s and tenths)		Test No.6 30 sit-ups (Numbers)	
	Boys	Girls	Boys	Girls	Boys 1000 m	Girls 600 m	Boys	Girls	Boys	Girls	Boys	Girls
5	7.3	7.7	179	164	4 min 40 s	2 min 45 s	24	20	10.4	11.0	22	15
4	7.4	8.0	172	152	4 min 50 s	2 min 55 s	16	12	10.7	11.3	20	13
3	7.6	8.3	165	146	5 min	3 min 05 s	10	6	11.0	11.6	18	11
2	7.9	8.6	158	139	5 min 10 s	3 min 15 s	6	3	11.3	11.9	16	9
1	8.3	8.9	151	129	5 min 20 s	3 min 25 s	3	1	11.7	12.2	13	6

Note: For timings in between or higher than those indicated in the table the lower mark should be given.

For distances in between or lower than those indicated in the table the lower mark should be given.

APPENDIX B

PERFORMANCE TABLE - PHYSICAL EDUCATION - SPECIALISATION TESTS

ATHLETICS - TRACK EVENTS

(All Measurements in Metres and Centimetres)

Marks	50 m (s and tenths)	100 m (s and tenths)		200 m (s and tenths)		400 m (s and tenths)	800 m (min and s)		1500 m (min and s)
	Girls	Boys	Girls	Boys	Girls	Boys	Boys	Girls	Boys
10	7.3	13.0	15.5	26.5	31.0	57.0	2:25	2:55	5:10
9	7.5	13.2	15.7	27.0	31.5	58.0	2:30	3:00	5:15
8	7.6	13.3	16.0	27.3	32.0	59.0	2:34	3:04	5:20
7	7.7	13.5	16.3	27.5	32.5	60.0	2:36	3:06	5:25
6	7.8	13.6	16.5	27.7	33.0	61.0	2:38	3:08	5:30
5	7.9	13.7	16.7	28.0	33.5	62.0	2:40	3:10	5:35
4	8.0	14.6	17.0	28.5	34.0	63.0	2:42	3:12	5:40
3	8.1	15.1	17.5	29.0	34.5	63.5	2:44	3:16	5:45
2	8.2	15.5	18.0	29.5	35.0	64.0	2:46	3:20	5:50
1	8.4	16.0	18.5	30.0	35.5	64.5	2:48	3:30	6:00

Note: For timings in between or higher than those indicated in the table the lower mark should be given.

APPENDIX C
PERFORMANCE TABLE – PHYSICAL EDUCATION SPECIALIZATION TESTS
ATHELETIC – FIELD EVENTS

Marks	Long Jump (m & cm)		High Jump (m & cm)		Shot Put (m & cm)		Hops step & Jump (m & cm)	Pole Vault (m & cm)	Discuss (m & cm)	Javelin (m & cm)	Soft ball Throw (m & cm)
	Boys	Girls	Boys	Girls	12 lbs	8 lbs					
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Boys	Boys	Boys	Girls
10	5.00	4.50	1.45	1.35	9.00	7.50	10.00	2.00	22.00	33.00	20.00
9	4.70	4.20	1.40	1.30	8.00	7.00	9.60	1.90	20.00	31.00	18.00
8	4.40	3.90	1.35	1.25	7.50	6.50	9.20	1.80	18.50	29.00	16.00
7	4.10	3.60	1.30	1.20	7.00	6.00	8.80	1.70	17.00	27.00	14.00
6	3.80	3.30	1.25	1.15	6.50	5.50	8.40	1.60	15.50	25.00	12.00
5	3.50	3.00	1.20	1.10	6.00	5.00	8.00	1.50	14.00	23.00	10.00
4	3.20	2.70	1.15	1.05	5.50	4.50	7.60	1.40	12.50	21.00	9.00
3	2.90	2.40	1.10	1.00	5.00	4.00	7.20	1.30	11.00	19.00	8.00
2	2.60	2.10	1.05	0.95	4.50	3.50	6.80	1.20	9.50	17.00	7.00
1	2.30	1.80	0.95	0.90	4.00	3.00	6.40	1.10	8.00	15.00	6.00

Note: For distance in between or lower than those indicated in the table the lower marks should be given.

APPENDIX D

PERFORMANCE TABLE - PHYSICAL EDUCATION - SPECIALISATION TESTS - SWIMMING

Marks	50 m free style (s and tenths)		100 m free style (min and s)		200 m free style (min and s)		400 m free style (min and s)	50 m breast stroke (min and s)		75m breast stroke (min and s)	100 m breast stroke (min and s)
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Boys	Girls	Girls	Boys
10	45.0	55.0	1:30	1:50	3:00	3:40	6:00	1:05	1:20	2:00	2:15
9	46.3	56.3	1:32.5	1:53	3:05	3:46	6:10	1:07.5	1:22.5	2:03.5	2:17.5
8	47.5	57.5	1:35	1:55	3:10	3:50	6:20	1:10	1:25	2:07.5	2:20
7	50.0	60.0	1:40	2:00	3:20	4:00	6:40	1:12.5	1:27.5	2:10.5	2:25
6	52.5	62.5	1:45	2:05	3:30	4:10	7:00	1:15	1:30	2:15	2:30
5	55.0	65.0	1:50	2:10	3:40	4:20	7:20	1:17.5	1:32.5	2:18.5	2:35
4	57.5	67.5	1:55	2:15	3:50	4:30	7:40	1:20	1:35	2:22.5	2:40
3	58.7	68.7	1:57.5	2:17.5	3:55	4:35	7:50	1:22	1:37	2:25.5	2:42.5
2	60.0	70.0	2:00	2:20	4:00	4:40	8:00	1:24	1:39	2:28.5	2:45
1	61.2	71.2	2:02.5	2:22.5	4:05	4:45	8:10	1:26	1:41	2:30.5	2:47

Note: For timings in between or higher than those indicated in the table the lower mark should be given.

APPENDIX E

PERFORMANCE TABLE - PHYSICAL EDUCATION - SPECIALISATION TESTS - SWIMMING (CONTINUED)

Marks	50 m back stroke (min and s)		75 m back stroke (min and s)	100 m back stroke (min and s)	50 m butterfly stroke (min and s)		75 m butterfly stroke (min and s)	100 m butterfly stroke (min and s)	Diving
	Boys	Girls	Girls	Boys	Boys	Girls	Girls	Boys	Description of action
10	0:55	1:10	1:45	2:00	0:55	1:05	1:37.5	1:50	Vertical, erect body, arms and legs together
9	1:00	1:15	1:52	2:00.5	0:57	1:10	1:45	1:52.5	
8	1:02.5	1:17.5	1:56	2:05	1:00	1:12.5	1:49	1:55	Poor angle (either backward or forward)
7	1:05	1:20	2:00	2:10	1:02.5	1:15	1:53	2:00	
6	1:07.5	1:22.5	2:05	2:15	1:05	1:17.5	1:58	2:05	Poor angle, opening of arms in front, side, etc.
5	1:10	1:25	2:07.5	2:20	1:07.5	1:20	2:01	2:10	
4	1:12.5	1:27.5	2:11	2:25	1:10	1:22.5	2:04	2:15	Poor angle, opening of arms and legs
3	1:14	1:29	2:14	2:27.5	1:12.5	1:24	2:07	2:17.5	
2	1:15	1:30	2:16	2:30	1:14	1:25	2:09	2:20	Poor angle, opening of arms and legs and fight
1	1:16	1:31	2:18	2:32.5	1:16	1:26	2:11	2:25	

*Note: For timings in between or higher than those indicated in the table the lower mark should be given.